

ALPHA'S PAGE

DESTINY

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Published 2014

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Print version: Extended edition, April 2014
Printed by Lulu

Published by Grace Junction, ABN 29380710011

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Other books in the series

<u>Rainbow series</u>	Alpha's Page: Diplomacia
	Alpha's Page: Enlightenment
	Alpha's Page: Healing
	Alpha's Page: Love
	Alpha's Page: Natural Order
<u>Later books</u>	Alpha's Page: Guidance
	Alpha's Page: If God Could Write
	Alpha's Page: Letter to the Devoted

With thanks to all those who have enjoyed Alpha's
words and passed them on to friends,
encouraging me to make them
more widely available.

Ed.

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An introduction to Alpha's books

by the editor and channel

reprinted in each book in this series

Ideas about God come from many sources, not just holy books. You can get inspiration about God from story books, chatty neighbours, works of art, comedians and even scientists. Sometimes you can even get good ideas from a channeller.

What is channelling? A person sits down and writes fluently for, say, fifteen minutes, but then claims that it felt as if the words were coming from outside themselves. The truth is that we do not know where channelled literature is coming from. To me, it doesn't matter whether you think channelling is a way of getting words straight from Heaven or you think channelling comes from the writer's imagination.

Perhaps every person who admires psychics has a go at channelling at some time or another. It is tempting to think that your channelled writing is more precious than writing which is done by any other means. But to evaluate the merit of a piece of channelling, I think you have to be willing to forget the mystery surrounding it. Imagine instead that I am holding a ventriloquist dummy and the dummy is speaking. Does the dummy have something valuable or entertaining to say?

I have tested my own channelling in various ways. I have found that I cannot choose when to channel; I have to wait for it to come. I cannot stop halfway through a sentence and substitute random words. Not only is it hard to stop mid-sentence, my mind freezes if I try to take control of the content. Sometimes I write words for which I don't know the meaning, and I have to check in the dictionary later to see if they make sense (they always do).

I have been a keen writer since first grade. In my twenties I churned out everything from scientific papers to novels and poems. I didn't start channelling until I was almost forty years old. The inner process is very different from even the most fluent session of story-writing or letter-writing. You don't know where the words are going. They start at speed, and continue at that speed for twenty minutes and then stop. When channelling Alpha, I feel a deep peace and a sense of a presence holding me. And yet I will never know for sure whether I am channelling some kind of non-physical being, or if it is just an altered part of my personality.

For a long time I struggled with how to present or justify what I was channelling. The solution eventually came in the writing itself. Alpha insists that he doesn't mind who you think he is. He is not interested in having followers. He is not interested in proving himself. He just wants to run some ideas past us. He would be just as happy if the words came out of

Aunty Mary's mouth while you were sharing a cup of tea, or if the ideas were in a comic strip in your newspaper. The source of the ideas doesn't matter. What matters is whether the ideas are good ideas. In the search for truth, Alpha would like to throw his ideas into the mix.

In spite of his humility, Alpha has managed to impress quite a few people. When I was channelling Alpha at a meeting once, a woman who sat next to me said, "I could feel his presence arrive just before you began to speak. It felt like Christ." At another meeting, the man who sat next to me shook vigorously the whole time I was speaking as Alpha. "I couldn't help it," he explained. "The presence was so strong." I gave copies of my channelled writing to a few friends who were interested in channelled literature. I thought they might have been jaded by too much spiritual literature already, but they lapped it up and asked if they could pass it on to friends. Their enthusiasm is the reason I have decided to make Alpha's ideas more accessible to the public.

Not surprisingly, people have tried to ask Alpha who he is. He has generally dodged the question, saying that he does not want to be associated with the pre-existing name of any spiritual figurehead because these names have too many connotations in our culture. But Alpha goes on to say that God has a layer which can put itself into words. There is an aspect of God which

is personable and capable of being intimate with each of us, one-to-one.

When I first started channelling Alpha, I had many mystical experiences but was still not comfortable with the word 'God'. I thought there was a spiritual dimension, but the idea of God was corny and unproven for me. Alpha's messages at that time irked me by talking about God at great length.

In the years since then, I have had experiences which felt like intimate encounters with God, so I am comfortable talking about – and to – such a God. Now Alpha irks me by talking as if he *is* God. He talks in the first person about his creation and his designs for us, and his unfathomable love for us. The writings in Alpha's books include a mix of my earlier ones where Alpha refers to God in the third person, my more recent writings where God is the first person, and a few in between where Alpha talks of "we", meaning the collective agents of God.

Writing as God in the first person is really embarrassing. How could I be channelling God? Yet Alpha points out that, if there is a God, we are silly to think that he is too aloof, too obtuse, too complex, or even too simple to be able to talk straight into our heads in our own language.

Why can I channel God? Well, maybe I can't. But if I can, I say it is because I have been learning to open myself up to God during the last fifteen years, firstly by learning to silence my mind, then by releasing

a lot of pent-up emotion, and then learning to show myself to God throughout the day. Closeness to God, as Alpha explains, is not about a standard of good behaviour, but about making yourself transparent to God and receptive to love. This, I believe, is Alpha's most important message. If you only have one philosophy for every day of your life, let it be that you will show yourself to God and be open to his input. Alpha says, "If you only have one daily prayer, let it be: "Please God, look at me closely. Please God, I reveal to you everything I am and everything I do, that you may be my lasting comfort and guide."

Alpha's searing common-sense often takes me by surprise. If you want evidence of God's existence, he says, leave out a glass of water for seven days and see what happens. The result (evaporation, dust, etcetera) is evidence of the God there is. If you are hoping for something else to happen, you are hoping for a kind of God which does not exist.

Alpha says God doesn't offer miracles or favouritism to his believers. In some writings, he says that miracles are possible, but they rely on some difficult or rare conditions being present. Tough luck, you have to deal with the mishaps of the natural world and people's natural flaws. But he offers an ongoing dialogue of support, inspiration and love for those who open themselves to him and attune themselves to love, and says you will be surprised how comfortable life is with just this kind of intervention.

Alpha is not interested in making predictions nor describing death or an after-life (at least, not in his writings to date). He advises us to treat each day as it comes – a day of nature and the possibility of inspiration. Any catastrophes or even your own death are just another day for the same formula – show yourself to God and receive inspiration. The after-life is always just hypothetical until you get there. Alpha does suggest though, that you assume there is continuity after this life, just in case.

Some of Alpha's ideas seem a little radical to me. For example, Alpha describes in detail the mechanics of communicating with a layer of God which he calls "Diplomacia". He says we should package our feelings and complaints into thoughts which we shoot up through the top of our auras. Alpha also says it is not our business to worry about the survival of other species. But then, he also says if you are attuned to love, you will naturally be more harmonious and moral in all your behaviours. He says that different species can help each other by learning to communicate with each other.

Alpha indicates he is not worried about whether you believe what he says. He is not asking for converts or blind believers. He doesn't claim that your salvation depends on you believing anything. In fact, he says God truly doesn't mind if you are an atheist. Alpha doesn't think people should pride themselves on their beliefs or fight with each other about them. The truth is the truth, whether you believe it or not.

At the same time as accepting our errant beliefs and behaviour, Alpha describes a profound connection between human and God which will ultimately draw us closer to God. He talks of a kind of 'apparatus' inside the human soul, through which we are still somehow connected to our holy roots, and a strong magnetism which will eventually lead each person to embrace God's love. Alpha talks emphatically about his complete love for each individual. Though he isn't interested in saving our bodies, he will not waste a single drop of our awareness. He has a tireless desire to send vibes of comfort and joy, and to help us with good ideas.

Getting to know Alpha has been a life-changing experience for me. It is refreshing to contemplate the possibility that there is a God who is easy-going and natural while being besotted with each of us. As Alpha's thoughts run through my head, I realise he is much more flexible and amusing than my Sunday-School pre-conceptions of God. And, as Alpha himself points out, why shouldn't he be complex and mentally varied? Why do humans imagine a God that is more sterile than many of the things we see in nature, and more two-dimensional than our own personalities? The more I write for Alpha, the more I think he makes sense. He doesn't contradict what we can observe in the world around us. He's not interested in egotistical battles about what people believe. He addresses the spiritual thirst that many of us notice inside. I've

decided that it's worth trying to absorb his ideas to see if they make me happier and more relaxed. I think this is the best way to test whether Alpha's writing is worthwhile. I wonder if other people are interested in testing Alpha in this way?

The writings in these books have not been altered since I first channelled them, except to remove occasional sentences which were directed at me personally, or to remove redundant linking phrases which are no longer relevant now that I have mixed the writings out of chronological order. The headings and keywords are not channelled.

Some of the writings are much harder to read than others. In my first year of channelling, I could only access Alpha through a very highfalutin, esoteric space. Sentences came out convoluted and I often had to put words together in a strange order to capture the ideas as they were dictated into my head. As my own personality has developed, even the logical side of my brain has become more open to love, and I can now access Alpha in a more down-to-earth state of mind. Consequently, I have been blessed with some very straight-forward, lucid ideas during my most recent sessions of channelling (including Alpha's *Desiderata*, for example).

From my very first session of channelling, my hand irresistibly signed off with a symbol which looked like the Greek letter alpha. This signature happened time after time, with every writing across several years,

and it is the reason why I eventually came to refer to the source as “Alpha”. What I remember most about performing this signature is the tremendous feeling of love which surrounds me at the time. Whether Alpha is part of me, or part of God, I hope that you get a chance to tune into some of that atmosphere while you are reading Alpha’s books.

King regards,

Ed.

An introduction to Alpha's Page: Destiny

by the editor and channel

I have always struggled with the idea that we have a destiny. At the same time, I'm not really comfortable with the idea that we don't have a destiny either. Since I first began channelling Alpha in 2006, the topic of destiny has frequently been woven into Alpha's messages. Often he speaks of the purpose of the human species or the purpose of an individual's life. Sometimes he talks about forces which dominate the course of all human existence. Other times he talks specifically about the currents and inspiration which guide a person along a particular path.

Finally, as I put together this selection of writings which all deal with destiny in one way or another, I am coming to terms with the entire picture which Alpha paints, and I am starting to love it. According to Alpha, the human species was created with intention. Humans fulfil a particular role in the cosmos. They have a certain versatility, creativity and ignorance which enables them to evolve in ways which God could not directly experience. The life of each person contains purpose, even if it is just to be a particular part of the mass development of the human species. Fulfilling your purpose is easy, and it may be

largely defined in biological terms and inborn characteristics. All you have to do is be born and do what comes naturally and you will automatically fulfil the purpose that God has for you. Alpha explains that there is no point worrying about whether you are achieving what you are supposed to. Anything which is not born into you or which is not inevitable is not a necessary part of your path.

But Alpha also talks about another, more subtle layer of destiny. If you are open to it, there may be other efforts by God to steer you in directions in finer detail. If you welcome his guidance, you can discern God's inspiration for your career or vocation. Your degree of aspiration for God's guidance is totally up to you. It is your right to do your own thing as long as you like.

At the same time, Alpha describes a kind of destiny operating on your spiritual development. Alpha points out that the human is dogged by the call to reunite with God. This will always be something which colours your ultimate direction in life. This book includes, as the fourth chapter, the very first message which was channelled from Alpha, which is bursting with hunger to get people to wake up to their desire to return to God. As the first message in the channel, this one is particularly quaint in its esoteric language and the way it makes fun of human resistance.

All in all, I find Alpha's philosophy deeply reassuring. Yes there is a purpose for your life and you

can't miss it. Yes, you are meant to re-unite with God but that, too, is inevitable. If you want a more detailed level of guidance and purpose, you are welcome to it. Simply make yourself transparent to God and wait for the extra inspiration. If you still feel lost, don't worry about it. Think again about whether you are ignoring the clues that God is giving you, and rest assured that your greater purpose will always be fulfilled.

Ed.

∞ *Destiny* ∞ *Guidance* ∞ *Inspiration* ∞ *Vocation* ∞

1. Finding your vocation

“... *one's true calling can soon be found by process of elimination.*”

One thing I want to talk to you about today is vocation. Vocation is the work that you feel called to do. When I say ‘called’, that is often how the person feels and, indeed, there is a lot of effort from me to direct people towards particular kinds of work. In this time, there are a lot of different careers to choose from and it may seem like a confusing array, with too many possibilities. In fact, though, one’s true calling can soon be found by process of elimination – eliminating those careers that one is not interested in, then those that are too hard, and then those where the opportunities do not open up. All this feels like a haphazard process to the young person who is trying to find their niche, but in fact there is a lot of guidance going on. Firstly, your interests at the beginning are based on the preferences in your soul. Secondly, work will seem too hard if you do not have the backing of the unseen world. Thirdly, the golden opportunities are an indication of where you should go. The closed doors do not represent a real loss.

And so I wish to take a lot of the anxiety out of the process of finding a career. If only you were more open-minded about your image and your income, it would be easier to find your way without stress. Everyone has spirit advisors who map out a tentative path. If you seek inspiration from the spirit world, the path is easy to find. If you resist inspiration and try to enforce your pre-conceived notions, nothing is lost from a universe perspective, but you will experience unnecessary frustration and even depression.

Go now and enjoy the freedom of your delightful destiny.

α

∞ Causality ∞ Consequences ∞ Presence ∞

2. Your personal impact

“Your tendency to over-estimate your consequences leads to prolonged stress about what you are able to achieve in this life, and exaggerated guilt about what problems you have caused.”

Today I want to talk to you about *consequence*. This is a term you bandy about when you talk about every action having a consequence, and being willing to face the consequences of your actions. But now I tell you that your grasp of consequences is a little bit immature.

Whenever anything happens in the material world, there is a sequence of events that follows. Are all of these events consequences of the first action? No. Many of these subsequent events are things that were going to happen anyway, or they flow on from unrelated events. Thus your ability to see what the consequences of action are is very limited and, inevitably, highly opinionated. You would like to see yourselves as being responsible for a great many events that are actually not triggered by you at all. It is a propensity of the human mind to over-estimate how much you have caused. Take, for example, the case of

children who blame themselves for their parents' divorce, or the fallacy of gamblers, who over-estimate their control over chance outcomes.

How then to scale down your expectations of what you control? And what does it matter anyway?

Your tendency to over-estimate your consequences leads to prolonged stress about what you are able to achieve in this life, and exaggerated guilt about what problems you have caused. If you want to know what you have really caused, try to imagine the world without you in it. How different would it be? Would your wife still be feeling depressed at this time in her life? Would your parents be feeling unfulfilled? Would the workplace be any different? Most of you have to admit that the plot of the world would have carried on in much the same direction if you had not existed.

On the other hand, the awareness of your loved ones would be different. They will have missed out on feeling you, and knowing what it is like to have you in their lives. This is by far the biggest consequence that you bring to this world – you bring the feeling of you. This is your ultimate gift to the world, and the ultimate difference that you make to history.

What is this feeling and why does it matter? The feeling you bring is finely engineered. It is the detail of your spirit and it has had a complex development. There are a lot of stories embedded in there, from past, present and future. If you were to

present your feeling to someone without your body, they would be able to recognise you (hence, the feeling of someone's presence after they have died).

At funerals, or when parted from a loved one, or when meeting someone after they have died, we are intrigued by the feeling of them. The very flavour of their presence seems to say so much, so much about their personality, loves and propensities. It is, indeed, a complete behavioural recipe, bound up in an atmosphere. Bring a feeling of a person into this world, and a whole story of emotions, preferences and motivations starts to unfold. The life course of the person unfolds from that germ of being. This then is what you bring, what drives you, and how you will be missed.

Your consequences, therefore, are the same as your germ-vibe, which you brought into this world in the first place. You do not create anything during your lifetime that wasn't already pre-uttered in your code at birth.

Worry not, then, about your impact on this world. It is already done, packaged within you, immutable and unable to be suppressed.

Go in the confidence of a newborn.

α

∞ Creation ∞ Emotions ∞ Human nature ∞ Patterns ∞ Purpose ∞

3. Your purpose to be like God

“I long to resonate with the seed of me which is implanted in you and, with the aid of that seed, I long to see you create with your own degree of freedom, with my consciousness to guide your efficacy.”

Again we meet and I will begin by giving a bit more background about my design for you. My people were created because I am an egotist! Yes I am trying to create the closest thing I can to a godly being in a physical animal. My reasons for this are two-fold – firstly, so I can determine whether my own creation (human) can push the boundaries of my own creation (the human cosmic environment). Secondly, because I desire the companionship of a vast number of souls who are alike me in mind – in playfulness, in adventurousness, in love-making, in inquisitiveness, and so on. Thus I have injected into the human psyche as many qualities of the godly psyche as possible. Thus you people are known to me as ‘the little gods’ and I like you all because you are so resonant with my inner workings. Thus when you experience confusion, paranoia, fear, independence and all your

other myriad emotions, you are actually experiencing inner states which are similar – in a way – to some aspect of my own inner workings. Your ‘confusion’ is akin to the state of turbulent uprising I feel when I am becoming ready to see an inspiration. Your paranoia is akin to my states of heightened awareness when I need to balance destructive forces and so on. All this is as it should be. Unfortunately you - as the little gods - lack the bigger picture, the foresight I have, which renders all these feeling states to be ultimately constructive and creative.

I wonder sometimes at the futility of many of your efforts. Where my efforts are always beautifully directed and ultimately meaningful, many of your efforts seem to go off half-cocked and ultimately fizzle out, with often wasteful results. This is the type of situation where I wish you would align your consciousness with mine, so I can guide your desires and goals, and bring them to greater fruition. Obviously you have some kind of mental deficiency compared to me, where you cannot fully comprehend the consequences of your actions or impulses, but I can do the vision for you, and thereby we have a good partnership.

You wonder about the intimacy of my mentality as it comes through in this writing. You never expected me to sound so reflective or conciliatory about the imperfections of my creation, and the fact that my universe is half-baked. This is one of the most

important lessons that I want you to grasp in the modern age – that I am not so very different from you in the way I explore and reason. I too am a growing and evolving mentality. I am supremely kind and balanced compared with you, and supremely patient when I reflect and get inspiration, but the creative inner process is basically the same for you as it is for me. Moreover, it is by getting in touch with that deep reflective patience, that great humility of thought, that you will take the next step forward in becoming attuned with my consciousness. It is a peaceful, explorative whirring which runs through all of physical and metaphysical existence. It is a general flux of things going in and out like the ocean tide, ripples and undulations in both matter and thoughts, that characterises the entirety of existence. When your mentality is mixing like the ocean or warm soup, then you are starting to think like God. Rigidity in nature does not truly exist. All things are moving, vibrating, wandering with attraction and repulsion, oftentimes spinning or spiralling. If you hold your mind fixed and repetitive out of the desire to avoid flux, you are starting to deviate from God.

Now I tell you this because I want you to come closer to me. I long to resonate with the seed of me which is implanted in you and, with the aid of that seed, I long to see you create with your own degree of freedom, with my consciousness to guide your efficacy. There is nothing we cannot do together. Without you I

am limited in the complexity I can achieve, purely as can be seen in mathematics and logic. If you want to create truly complex patterns you need to have particular agents at play. Thus I have created you. You are my agents for generating greater complexity.

This is not an everyday kind of discourse. You are not going to be able to say to your neighbour, "I believe that God wants me to be complex, so here I go." Especially that would be a fallacy because the complexity I aspire to cannot be achieved by you as individuals. It is a group act. It is the complexity of colonies of humans and of the mass workings of human consciousness, the way human minds feed off each other into an infinite frenzy of trends and ideas. There is nothing you can deliberately do to fulfil my dream for you. Just be yourselves. It is all in your design.

This is all that I want to cover for today's lesson. Remember, finally, the kinship between your peaceful thoughts and mine; that you are not as far away from me as you imagine, and that there is nothing you need to do to impress me. You and I are very similar. I love you and need you, and will appreciate every opportunity to guide you in your endeavours.

With all my blessing,

α

∞ *Call of God* ∞ *Human nature* ∞ *Spiritual nature* ∞ *Yearning* ∞

4. The hunger for reunion

“God calls and you feel his call dragging on your heart like a sad song or the whispers of sunset at the beach.”

God announces a number of things to every age. He adores all living creatures and will not be swayed on this. God adores the individual just as he adores the mass. God adores the sunshine just as he adores the bug. Be not mistaken about your place in this. God's adoration for you is infinite and you are sick to decide otherwise. God must remedy you of many untruths and on this matter he will not be swayed. You who deny his love for you are to be remedied for he cannot countenance any denial of his supremacy.

God has a place in every heart and you cannot deny it. Try if you like to shut him up and you will feel like this - a piece of wood that has dried out in the sun. How are you expecting to live a full and happy life when you have no notion of your own completeness. God demands to be heard at the first hour and at the last hour, and there will be no lunch when he is absent

forgetting about his work. You are his notion and cannot be got out of his head. Your irreverence is a constant grievance of his and he is utterly devoted to you and cannot countenance your ignorance of him. He will strive to bring you together again.

Don't be afraid.

All this is done in love.

My children, why are you turning your butts to the Lord? Have you forgotten the very juice that is supposed to flow through your vegetable being? We are not talking about optional matters. We are talking about the gold in the light. Have you any idea how impoverished you are these days compared with God's original? We are laughing in pain because of your stumbling in a juiceless state. How it hurts to see your impoverished state and yet you think you are so grand! Have you ever seen a puppet? Look at yourself and the question is answered. God returns your soul to you so you may become truly animated in your own fashion once again. My Lord, what a spectacle this has all been.

When God fashioned the human being there were several things he strove to attain. One was the independence of thought. The other was the freedom of the heart to develop affinities as it chose. Another was the freedom of appetites. Yet God has your very essence in the palm of his hand and all these things are useless treasures in the absence of essence. God divined that you should stumble and discover your reunion with him, and this is the quest in which you are

now engaged. For the satisfaction of all involved, give up your struggle and manifest your reunion with God, that you may again be the flesh of the divine and the jewel of the sun.

We are not harping out of self interest. When one becomes the annexure of the Lord, then one truly understands the nature and grasps the error of separation. It is difficult for you to understand from your ignorant standpoint, when we tell you blankly that you have fallen and are inadequate relative to God. No one wants to know that there is more work to be done unless the work is already tasted and known to be joyous. Here is the paradox faced by the human - in order to reunite with your God you need to trust in a process of which you are currently ignorant, due to the depth of your need to reunite with God. How much easier it is to speak to those who are already engaged on the path, who are already convinced. Tell them a thousand times that they are inadequate and must seek remedy, and they will say, "Thank you, thank you my Lord." But for those of you who have not yet noticed the quest, the blind-begets-blind world, it is difficult to get a foothold and make clear the situation.

My God, if you can only notice occasionally the pain in your heart and know it is there for good reason - I mean for a very Good reason - then maybe you can begin to grasp that all is not well with your psyche, and it is time to turn the tables in your favourable direction.

Hope is your folly. You keep on hoping that your betrodnen labours are leading to a better world. There is no better world except when there is the divine essence within and this enters only through the process of reunion with God. Stop hoping and let all material ambition be lost, and see how the desire for God expands in the chest and demands to be heard.

There have been several pillars of spiritual knowledge in the past, including your much loved Jesus Christ and your Buddha. We have them among us in force and combining to create the strongest wave of influence. You have no idea of the landscape up here, and how grandiose it is compared with the small dominion of your physical world. You would laugh if you could see the relative scale of the divine and the physical.

My God, we are waiting with such pendulous hearts for the return of the beloved humankind. We are all incomplete until you each are complete. We hunger for your divination and we urge you to complete your journey in order to fulfil our joint destinies. Our begging and beseeching is part of the universal hunger which draws all creation into unison that God may be compiled again.

One talks often of the water of creation and the spirit as water. Nowhere is this more apparent than in the process of reunion. Where each droplet becomes part of the total fluid and there is no distinction, although in theory it is possible to locate and separate

off a particular droplet again. Have you ever wondered about the role of water around you? Has anything existed where there is not water? Have you ever had any need met in the absence of water? Yes, you are water throughout and die very quickly without it. So too you would die very quickly without the essence of God in your veins. Learn to recognise this essence for it is the basis of peace and good health, and your return to divinity.

When God separated out the consciousness of people there was no fussing about whether the consciousness would devolve to a sub-angelic state, or whether the earth would be defiled. God ordained that there would be a human form and so be it. We are not ashamed of what you have become. Far from it. You are a constant fascination and, though we choose your perfection, you are also a wondrous delight in your crazy fallen nature. Yet there is no real choice, when we feel the hunger of reunion, we have no choice but to call you back. And you - perfect as you are in the logical sequence of devolution - have no choice but to respond to our hunger and your hunger, which will bring all of us back into perfect reunion.

God is waiting, and therein lies both the patience, and the drive for it to be done.

Don't look back on your human existence with a sense of nostalgia, nor of remorse. Nothing in history is lost. All can be accessed again through the tunnels of consciousness. And don't be ashamed of how things

have eventuated. They have eventuated - that is, deriving as the consequence of events which themselves eventuated, and so have no recourse. Yet you can hear in our insistence that there is another force, another tide, which will have a bearing on events, and so the sands must re-form.

You have no need to worry. It is your bent to worry, but there truly is no need for it. Place your heart inside the heart of God, and all will ensue. God calls and you feel his call dragging on your heart like a sad song or the whispers of sunset at the beach. Listen to the call. If you truly listened you would be afraid of exploding because God is so intense.

There will be no explosion - just the fear, and the gradual dissolution of ignorance in your heart, and reunion with your true essence.

Children of God, be near when we speak to you and know that you will have every assistance required to engage in the process of reunion.

Go with our blessing.

α

∞ Creation ∞ Human nature ∞ Nature of God ∞ Purpose ∞

5. The personality behind creation

“... the human intelligence can replicate and spread itself beyond the guidelines established by its creator.”

The composition of the human race ensures enough versatility or athleticism in the human type that a great many things can be achieved simply through mating and cross-fertilisation of ideas. It is like a set of toy blocks which has enough blocks and variety of blocks that you can make anything you set your mind to. Instead of ever getting into a rut, the human type continues to generate new ways of branching out, so the growth of human intelligence and awareness need never stop. This is one of my particular wishes for the human prototype – that its creation would provide an inexhaustible source of development.

You get an idea of what a runaway growth can do when you think about the effect of cancer in the body. A cancer is a type of cell which is so intelligent it can replicate itself without being confined by the rules of the DNA which established the cell type in the first place. Similarly, the human intelligence can replicate and spread itself beyond the guidelines established by its

creator. This is both a joy and a fascination to me. It does not worry me like a cancer would worry its host. This is all in my intention.

A great many well-read people have dismissed the idea of divine creation as being too far-fetched. This is basically because they have misperceived the root of all life to be inanimate rather than animate. In fact, the basic ingredient of all life is a kind of awareness, not a subatomic particle. Once this is identified, it becomes obvious that the source of particulate awareness is an even greater awareness. And so conscious creation becomes obvious.

Once you can accept that I was responsible for your design, and I – like you – am interested in purpose, poetry and humour when I design anything – then you can start to accept that the human condition is full of purpose, poetry and humour. Why should my creations be cold and clinical when your own creations – toys and trinkets – are full of your personality and quirks? I, too, design with love, fondness, and eccentricity. I have every bit as much personality as you do. Why can you not accept that I may be spontaneous and funny, lively yet smart, reasoned and yet mischievous. When you can accept that these beloved personality traits permeate all things then you are starting to see God.

Enough for now.

α

∞ Astrology ∞ Human nature ∞ Individual ∞

6. Uniqueness of the individual

It is a law of creation – that the essence of life inhabits a totally unique organism every time.

The fabric of the human personality is a lot like woven cloth. There are many different strands running in different directions, which give a particular texture and thickness and tartan when all taken together. Remove one strand and the fabric is never entirely the same.

Each of you is unique. This is not just because of statistics. It is a law of creation – that the essence of life inhabits a totally unique organism every time. There is no way that two organisms can be identical, because the identity of the organism includes the way it is mapped in space and time.

There are many influences which make up a person's character other than their parentage or DNA. There is the elevation of the organism on various metaphysical planes (elevation is not a judgmental term here – it refers to the mapping of the organism into various qualities in different realms, similar to the idea of astrological charts). There is also the combination of essences within the individual, like the cluster of seeds

inside the pomegranate. These too are metaphysical elements, each developing at different times in the course of the individual's life. So you see there is a lot more than the animation of protein going on.

You are not to worry exactly what I am talking about here. As usual, it is most important to grasp the gist of what I am saying, so that you can understand yourself better as someone who is determined by very complex means, and who will always be special, a special display of cosmic forces.

Enough today.

α

∞ Birth ∞ Creation ∞ Death ∞ Nature ∞ Permission ∞

7. Forces behind birth and death

“... a number of conditions and forces must line up before the life is granted.”

“Likewise there are a number of conditions which must come into play before a life is withdrawn again.”

Complex as it may seem, life has some straightforward scaffolding enabling one to see through it in many ways. You don't, for example, misunderstand the occasion of death nor of birth, because these things are unmistakable. Think then, how is it, that two of the most mysterious events in this life are the most recognisable? They are the most hard-and-fast events compared, say, to the status of relationships or physical health, where it is hard to observe exactly where you lie and what the relevant parameters are. But in life and in death there is a discrete (all-or-nothing) occasion. It is an open and shut case. This then is one of the events in life that should help to build your understanding of the universe. Something may suddenly be begun. Something may suddenly end. This “Something” is of

paramount importance in the way the individual functions.

Now I will give you a word which will help you conceptualise, in an intuitive sense, what the magic “Something” is. Think of it as “Permission.” This kind of permission – allowing to be – begins at birth and ends at death. So now you have a construct that can be used as a pillar in your scaffolding of laws. “Permission” is a natural law or force which determines certain things in the universe.

Now we must deviate a bit in order to explain this version of the concept of permission. In this case, we mean a set of circumstances will allow for some kind of go-ahead to be given, to live a physical life. The go-ahead, once started, allows certain other circumstances and laws to come into play – the laws of the physical life. Without the go-ahead, this life cannot happen in any measure. But the whole show can come to a sudden halt when the permission is withdrawn. Now, is there a grand master who gives the permission? Not exactly, it is more a committee kind of situation, in that a number of conditions and forces must line up before the life is granted. Once all these so called “committee members” or prerequisite conditions are in agreement, there is an instantaneous, cataclysmic granting of the life. But the prerequisites could be accumulating for ages until the situation is unanimous towards a birth. Pop! And the life is agreed and created in one instant.

So you see there are processes going on behind the scenes – cogs whirring, conditions mounting, etcetera, which influence what goes on in the material plane. Likewise there are a number of conditions which must come into play before a life is withdrawn again. Sufficiency of the life is an important factor. That is, has it outlived the current on which it was presupposed? Now here you must understand that different lives are imbued with different momenta or currents, and one may run its course sooner than another, without any apparent variation in health. But there are other factors influencing extraction as well, such as the urgency of the agenda on the other side to re-collect that particular germ (little light) for other purposes, and then there is the super script - that is, the luxury element of the person's life purpose - that is, the things that were supposed to be achieved or learnt if the luxury of time allowed.

So you see, it could be very complicated, and confusing if you only see the cuckoos popping in and out of the cuckoo clock without seeing any of the mechanisms behind.

You get some idea of unseen forces when you experience crowd emotion or crowd behaviour, or see the collective effect of weather on a nation. You see that there are these kinds of tides, totally out of your control and largely out of your daily awareness, which can come and sweep you along into a particular state or behaviour. You are surfing on these kinds of forces all

the time – some atmospheric, some political, and some totally unheard of by you with your physical sensibilities.

But not to worry if you can't see the things which steer you and make happen such important events as life and death. You don't have to know what's going on and, in fact, most lessons are best learnt in ignorance, when you are inside the box, just learning how to react to the box while attaining your own peace. Then the lesson is learnt.

Things will get easier to understand as you go along, because your ideas will broaden, and you will start to remember the feeling of how everything works, as our words resonate inside you, with your innate truth.

So don't worry. Just absorb and put aside these ideas, allowing them to mature within your addled brain.

Yours,

α

∞ Clarity ∞ Creation ∞ Criticism ∞ Enlightenment ∞ Inner peace ∞

8. Incarnation and spiritual advancement

“ . . . there is a repeated to-ing and fro-ing between planes until a real compromise is found: the level of spiritual clarity where one can live as a human being and yet is satisfied with the laws of incarnation . . . ”

Compromise is a necessity in the earthly life because there is always a conflict of interest between retaining a material existence and flitting off into transcendent realms. Thus it is that the child is brought emphatically into the body with little choice but to become indoctrinated into the ways of the material world. And yet the yearning for other planes never really subsides and the aware individual spends a lot of time trying to satisfy both aspects of their incarnation. It is a difficult feat for some people to bear especially when they don't see the point of their incarnation and they think they might as well return to the safe bosom of divinity. Once in divinity, however, part of the being again yearns for incarnation as a way of testing oneself, all in the name of the innate curiosity that drives all creation. And so there is a repeated to-

ing and fro-ing between planes until a real compromise is found: the level of spiritual clarity where one can live as a human being and yet is satisfied with the laws of incarnation and beyond, as he or she understands them. Then there is a complete resting upon the moment. Consciousness finally sits exactly where it should be, the individual becomes seated entirely within itself, and this causes an implosion of consciousness whereby the attention can fall inwards as easily as it can fall outwards, and the individual realises the laws within and without are the same, the stuff is the same, the maps are virtually the same, and there is no more flux. Then we have complete inner-outer balance and it is hard to tell if the person is mortal or divine. My favourite word to describe this person is “sane” as their view of reality is constant and true in all respects, in all contexts, is therefore unshakeable, and unquestionably logical. This is almost never seen as yet, but can become more common as the flavours that are indoctrinated into the child gradually evolve.

You are learning to embrace alternative ways of viewing reality, some of them very cutting-edge. An understanding of these ideas can be predicated on the new technologies and social systems we see today. Such systems will eventually make it possible for the human to understand finer and truer concepts.

You see, it is not so long that DNA has been conceptualised, nor invisible forms of communication, nor interactive networking, and global diplomacy.

These are all mimicry of facets of the spiritual world. Once realised on the physical plane, it is easier for the mind to grasp how they might work on the spiritual plane. When all the ideas in the mind are true, the resistance between mind and body collapses, the body begins to disclose its secrets to the mind, the mind learns more of the unseen universe from the body, and so learning progresses apace.

There are no falterings on this path that have to be there. That is, it is not prescribed that humans must be ignorant. They are welcome to understand everything if they are able. The collapse of the human spirit into an ignorant mind was a necessary part of the first stages of incarnation, just like the first computers were slow and unwieldy. But the first computer raises the bar, more is learnt and thus better computers evolve. Similarly, human intelligence and comprehension evolve, until we may have a fully cognisant human brain, capable of flipping between verbal activity and wider dimensions, between day-to-day operations and the entire cosmic universe, depending on where the operator (individual) places his or her awareness.

So you see, much still may be gained, and this understanding is likely to progress in an orderly fashion with time, as all evolution does.

There is some talk of the advancement of previous civilisations such as Atlantis and Lemuria. Whether these were portent on your plane or not, it is

wrong to assume that these beings were part of your spiritual lineage. It is wrong to think that the human being has ever been more advanced than it is now, or has ever fallen. Some people like to scowl at current states of affairs as if people could possibly be doing better than they currently are. This is absolutely not true. Everything in the universe always operates to a creative maximum. There is no such thing as devolution, only that some aspects of the normal distribution may appear less endowed than others. But the distribution flows out of the essence, and the essence always evolves. There will always be so-called “degenerate” members in any distribution, but it is not true to say they have actually degenerated, and they are no more accountable for the overall distribution than you are.

So hold your tongue when you feel like criticising fellow humans. You are part of the same pool, and to criticise one is to criticise the pool. It is not worth your time or energy to criticise yourself in this way, and you will put yourselves at risk of attracting parasites who feed on the emotions of criticism.

So be aware that you are all part of a gradual intelligent evolution, and all will be understood by and by.

Yours ever,

α

∞ *Connection with God* ∞ *Inner peace* ∞ *Judgment* ∞ *Spiritual law* ∞

9. Modern day perspective

... to ask for the purpose of a particular individual can be a bit confusing. That is like asking, what is the purpose of this one leaf on this one branch of this tree.

Under normal circumstances there is very little to keep God and human apart. But in this place and age, the head is full of a lot of abstract ideas and organisation, and there is little time for contemplating inwards and discovering the majesty within. But the human psyche is still built basically the same underneath, so those who take time to listen inwardly soon discover the power of the God dimension and wonder why no one else is hearing it. This is the abnormality of the current generations – the period extending back about three hundred years. It is the great mental structures which support industrialisation which come between the human mind and the inner spirituality – so many things to remember and keep to schedule, so many people to rub shoulders with, much less time spent at the plough or in the forest, where the breath of God speaks from the outside in and the inside out.

Yet this age of industrialisation is an inevitable part of the journey of the human (one could say “necessary” instead of inevitable). Inevitable when one looks at the way the past was unfolding; necessary when one sees what will become of this mental phase in the future. A lot of elaborate concepts have been sown in the minds of people as a result of industrial technologies and practices. Now people understand elaborate methods of communication, and elaborate ways of co-ordinating different personalities and powers. This is a good glimpse into the complex communications in the metaphysical world. In the end, the technical understanding will remain, while the grass roots spirituality will be revived.

You are not very sure of the individual's place in all this. You are wanting to know – what is the purpose of this person's life, or that person's life? This cannot be very clear, because there are large numbers of people required to participate in the massive trends that are underway. So to ask for the purpose of a particular individual can be a bit confusing. That is like asking, what is the purpose of this one leaf on this one branch of this tree. We know the purpose of the leaves overall, and we know why the tree has sprouted where it did, and what it achieves as an entire organ, but it does not make sense to ask about the purpose of a single leaf.

This is frustrating when people want to know what they personally have to achieve, and how to measure the success of their everyday. This is a fool's

pursuit. There are no markers of success. There are only laws – you feel at peace when you do the things which cause peace. You feel bad when you do the things which make people feel bad. There should be a lot more focus on what works to make people feel at peace, and less focus on what people must do in order to work. Much good work will naturally be done by those who follow the laws of peace.

Peace, peace, peace then is your hallmark. No more fighting between yourselves, no more fighting within yourself. This then is a sign of as life well-lived.

Yours knowingly,

α

∞ *Individual* ∞ *Nature* ∞ *Propensities* ∞ *Vocation* ∞

10. Your purpose

“... *your purpose is so intrinsic that every cell in your body knows it...*”

Only after life has been established in the person does the populace consider if that person has a particular purpose. As an alternative, consider maybe that the purpose was necessary in order for conception to be possible. Because this is how the life force is driven. Purpose gives rise to the idea and then matter comes forth to fulfil. Thus there is a perpetual flow from the creative desire (purpose) to the enactment in matter. So your very purpose is integral in your life force and your conception and the conceptualisation of your whole body. It is not, therefore, something you can misplace, like an instruction on a piece of paper. The consequence is that the purpose becomes expressed in the physical and astral bodies as propensities. These propensities, along with the DNA, determine how an individual turns out, what their preferences are, and

what attunements they will receive as life goes by, to make possible the enactment of the purpose.

It is not like getting a job description and working to fulfil it. Rather it is simply the materialisation of what is inscribed by nature. Water must flow, dirt must fall down, plants must turn green, and so on. So you see that your purpose is so intrinsic that every cell in your body knows it and anyone could read it, if they had the sensibility to do so. It is all there in front of you.

Why then do you feel so confused about your own purpose? Your symbolic mind builds constructs, ideas, and opinions from what it sees around it. It develops opinions about your likely life mostly by looking at the behaviours and expectations around you, not by introspecting into the traits of your microscopic cells. But you could get a reasonable idea of your own purpose if you sit back and observe yourself objectively and say, for example, "I was Jack's daughter and Jill's daughter, and I showed a propensity for such-and-such at this age . . ." It does not really tell you about the future, because the propensities which may be displayed then can not necessarily be seen yet.

Is it possible to stuff up one's purpose? Not really, because most of it is so certain and attainable, you can't go wrong. Some of the finer points may turn out a little blurry, but all this is expected, within reason. You're not going to go off track just because you don't know in your head what your purpose-propensities are.

So what sort of purposes drive the conception of human beings? The provision of more creatures to love and cherish is a huge driving force in the creation of individuals. Sometimes there is also an urge to shift consciousness in one direction or another, and the seeds will be sown by the injection of certain spiritual connections into the conception “program”. Then there are sometimes particular aesthetics to get across, such as music or art, so a soul may be born with certain aesthetic propensities which come out one way or another. Generally the things which form conception purpose are not the sorts of things people muse on as their purposes. Teaching can be a conception purpose, but the propensity is not to wear a mortar board and carry a piece of chalk. The propensity is to feel the upwelling of clarification in oneself and the joy of imparting this to others. So you see there are huge currents which infect the reproduction of the population, and are no more tangible than joy or beauty, but which turn the individual and thence the population this way and that. Your purpose may be hard to specify because it is of an abstract nature. The goals and outcomes are all abstract. Not – “an accountant” and “in this city” – but to bring calculation and clarity, where even “calculation” is not taken in its literal sense, but in its personal sense. There are many ways, in theory, that this role can be enacted.

The filtering down from the abstract to the enacted is an interesting and, again, lawful process which will be enumerated another time.

For now, rest assured in your astral-ology.

α

∞ Behaviour ∞ Consequences ∞ Karma ∞ Propensities ∞

11. Consequences and propensities

“You are, indeed, a big lovely bundle of propensities, waiting for the ideas which will upgrade all these propensities into the propensity for love.”

We are going to teach you some more principles which have the effect of demonstrating there is nothing in this universe to fear. My writer has already noticed the absolute contentment in my demeanour. It is absolutely no trouble to love and no difficulty in moving forward when one truly grasps the principles of the universe. You will wonder, why is it that we don't already understand how things work, if it is so fundamental to our happiness that we should appreciate these laws? Well, partly you were born ignorant, and partly you have been playing with falsehood as a way of establishing your identity, and you have not always welcomed people who want to tell you what's what. You want to stumble upon the truth for yourself. And so it is that only some people, those who are already seeking or similarly inclined, will stumble upon this book and be willing to digest what it says.

The lessons in fact are not particularly hard on the ears, but can be hard on the rebellious kernel that you have inside you. Like a child with a technical toy, you would like to pull everything to pieces and maybe chew on a few of the components, rather than have a competent parent try to explain to you patiently how the gizmo works.

So let's see if we can get you a little deeper into the truth at this point. For me, it is no concern whether you absorb my words or not, for I shall always be here, and so shall the truth, and so shall your eternal hunger, and so shall the potential for our reunion and your potential to sink into the deep honey of love.

But let's not delay the next lesson.

I want to speak to you about consequence. There is a lot of talk about karma, retribution, divine justice or judgment, or various other facets of the idea that your behaviour is going to get you into trouble, one way or another, in the long term. This is absolutely not true. There is no trace of your behaviour in the memory of the universe, except in the minds of those who perceived it, and the judgmental mind of the perceiver is always lost at death, while the forgiving consciousness is retained. So there are no grudges held in the cosmic consciousness, and no action memory that points to you as the one who knocked over the first domino.

However, you are eternally carrying with you your propensities, and these are what trigger certain

behaviours and, concomitantly, are what can give you the sense of getting into trouble in a related way, later on. Propensities determine what you resonate with, what behaviours you bring out in yourself, and what behaviours you bring out in other people. Let's strike an example, a cheesy one, just to be picturesque. Suppose you have, in your aura, the propensity of "cooking onions". Then you are drawn to onions, are attracted to cooking onions, and your aura unconsciously gives those around you the idea of onions, or cooking onions. You may well have "cooking onions" done to you repeatedly throughout your life, and wonder what it is about you that makes you such a victim to cooking onions. What causes and constitutes a propensity is a little more complicated, and we come back to that another time, when you have grasped and integrated this first idea, and some other ideas in the scaffolding.

So you must forget the idea that your behaviours are recorded in big books and someone is working out how to keep the score. There are just propensities carried in your aura, sometimes from life to life, certainly from relationship to relationship, and place to place, unless you are in the business of recognising and unlocking your propensities, thereby changing the code through which life interprets you (and you interpret life).

You are, indeed, a big lovely bundle of propensities, waiting for the ideas which will upgrade all

these propensities into the propensity for love. There is no hurry about this. For when you understand the patterns, and the process of coming-to-rights you will see that there is no stopping the process and it is better to let propensities collapse than to try to re-fashion them with a sledge hammer.

Go with my blessing.

α

∞ Fate ∞ Propensities ∞ Sleep ∞

12. The role of sleep in fate

“... you can be sure that your nature has been taken into account with every other person's nature, and each person has been given equal weighting, and the day's future will be the best possible fit to all the propensities you, and the others, are carrying inside you.”

When you wake up in the mornings you look around you and wonder what the day will bring. Truly I say to you there isn't anything that hasn't already been decided in the night before, when you were ferreting through the universal annals of the mind in your sleep. For when you are asleep there are a great many things that are achieved by connecting with the greater mass of subconsciousness and making plans that are congruent for all involved. A plan must be suited to the propensities of all involved, whether these propensities are for calamity or anger or reconciliation or fun or whatever. And so there is a repeated grooming of destiny overnight by the collective knitting and re-shaping of plans in accordance

with what has so far been done and what is so far to be experienced, according to propensity.

The mass calculation of propensities is of course complex, but if you know anything about computers or the solving of complicated equations you'll know that there are ways by which the multiple stipulations of many individuals can be married together in the most fitting fashion, given sufficient computational intelligence and time. As, in the mind of God, there is no limit to intelligence and time, then the equations are solved and the next day is elaborated. Of course with the varying routines of sleep, there is no specified downloading time of the day's plan into the individual that cannot be modified or augmented in some way, as needed. The terrible predicament of sleep deprivation, as in torture or very poor health, is testimony to the fact that the body cries out to be connected regularly to the universal mind and the universal planning process. So a great many things are done while the world sleeps, and it is never a waste of time, as some efficiency gurus might suggest. We like your sleep, and we must have it!

So you can see that your daily schedule is in safe hands. Even if the unfolding of events is not to your egotistical liking, you can be sure that your nature has been taken into account with every other person's nature, and each person has been given equal weighting, and the day's future will be the best possible fit to all

the propensities you, and the others, are carrying inside you.

It makes you wonder what propensities are determining the course of your future, doesn't it?

Cheekily,

α

∞ *Expectations* ∞ *Guidance* ∞ *Inner direction* ∞

13. Inner direction

“Know that you can always tune into what I want of you. It is deep in your body and also high above you.”

Do as I ask you, not as you think you should. Know that I am always providing you with directions, and these directions feel firm, good and clear. Know that you are muddying these directions with thoughts such as, “Maybe that’s not quite right,” or, “It would be a little easier if - ,” or, “That’s not what Mum’s expecting.” Know that you can always tune into what I want of you. It is deep in your body and also high above you. It answers to nobody, it just comes and sits in you, suggesting what you should do next. Often you don’t recognise these directions, dismissing them as random ideas, because you want something grander or wilder or whatever. Listen only for the feeling of being directed. Then you will see that it is there. If you think there is a shortage of direction, this is because you are not listening carefully enough. If you wonder about doing something for ages, then suddenly you find all resolve

to do it, this is because you were directed. Look back, then, and recognise the direction. Do not question what you have done. Simply allow it to be, and make a mental note of the feeling that was there when you found the drive for it to be done. All of your drives are coming from somewhere, are they not? Trace them down to their source and you will see there is a stream of godly impulse waiting to be used. Resist it, and you will do much less. Listen to it, and you will do many little things the significance of which you do not understand, but in accordance with divine plan. So listen, listen always for the sound of the innocent urge. Do not denigrate it. Do not decide it has no significance or relevance. Accept that it is a decent urge and it has your name on it. Rearrange your other intentions to sit around this particular directed intuition. Listen always, and God will be there.

Rest.

α

∞ *Intuition* ∞ *Marriage* ∞ *Purpose* ∞ *Truth* ∞

14. Essence and marriage

“To serve God there must be great justice in the marriage, great honesty and depth of spirit.”

There are many ways to view a situation, and this in itself is an interesting point of cosmology. For you see, there is no defined opinion on anything and Man is free to place his interpretation on a scenario. And yet there is a truth running through all things, determining how much happiness will be achieved through each viewpoint. A viewpoint which focuses on essentials is the most effective. That is, disregard the practicalities and focus on the true essence of the people and matters involved. There will be times when an inexperienced person can be granted great responsibilities because of their carriage while at other times, a senior expert should not be trusted with even a small assignment because his carriage is corrupt.

In the question of marriage, one must look at the essentials of the bride and groom. Does the carriage of the groom suit the purpose of the bride and

vice versa? Each person is offering to take on a responsibility towards the divine purpose of the other person. Thus it is important that the partners are suited to each other's golden dream. When one is unsure of one's golden dream, that is not to stop them from being able to gauge the suitability of the partner. One can gain some assessment through resonance with one's deepest feelings and desires. Where there is not resonance there is not enough synchronicity for the couple to meet a common purpose. How then to gauge if the resonance is deep enough, strong enough, or reliable enough? One then needs to look deeply into one's conscience to decide if the marriage is truly destined to serve God or to serve only the passing needs of the individual. To serve God there must be great justice in the marriage, great honesty and depth of spirit. These things are all available in those people who truly serve God in their capacity as individuals. Put two such people together and there will often be a creative marriage, even when the resonance of goals is unclear.

What if there is a resonance of goals without great justice, emotional honesty or individual depth of spirit? Then you have some flapping around to entertain the goals, but you are like the house built upon the sand instead of the rock.

When there is integrity of the individuals plus a resonance of goals, then there is a happily divine marriage. Not always easy, as each person will be

exploring their own samskaric regrets during the course of their time together. Yet there will be a great union of souls and much effective construction on the spiritual plane.

When one is deeply undecided about a partner there are a number of things to consider:

- Whether the time is not yet arrived for these two people to truly meet;
- Whether there is a more advanced track available to the undecided person;
- Whether there will be some kind of crisis ahead that is deterring the individual from stepping forward in faith. Some apprehension may be felt without a knowledge of what the scenario will be. The individual may be sensing that there is a crisis ahead, but the crisis may not be under the control of the marriage and not meant to be a disincentive.

When all these things are considered, the undecided person must face their fears and choose according to their finest intuition, and trust that God will supply according to any ensuing need and all will be well. There is no need to be afraid of living a frustrated life. There will be liberation of the spirit wherever it is sought, whoever seeks it. Perhaps your choice will lead you to walk among some unhappy people, but be

assured that your light is never wasted, and God tends to your own need to develop, wherever you are.

All my love,

α

∞ Children ∞ Death ∞ Fate ∞ Fulfilment ∞ Purpose ∞ Romance ∞

15. Death and life's plan

“ . . . your greatest contribution is simply to be alive, to be a vehicle by which the human spirit may evolve into a more elaborated form.”

We begin at the beginning, where each person is a unique creation of God, with a unique purpose to fulfil. Once an individual's purpose is fulfilled, only then is that person gathered up again into the arms of God. There are no mistakes about the timing of death, no safety issues, and no unwanted killings. God ordains each death just as he ordains each life. Some deaths are gruesome, it is true, but all are sacred and ordained. There is no mistake about the forces that come together to end a person's life, whether these forces travel via human hand, bullet, machine, or disease. God is establishing the connection that determines the death.

A death is a great connection. It is one of those points where the fabric of physical reality warps to meet the spiritual world. No one is drawn through the weave without the spiritual world being there to catch them. There is never any loss of spirit, nor any loss of memory. There is only loss of heaviness and physical

pain. There is great rejoicing and re-establishment of divine connections.

When you, yourself, die the situation will be the same. You will have fulfilled your purpose and the spirit world will rise to connect with you in this special way. There will be no stone left unturned that it was your duty to turn. God has a plan for you that is achievable and perfect in your lifetime.

Of course you can deviate from your plan in some complex ways, but there is always enough done. There is never any need for remorse for a life not properly lived. When one judges one's own life as inadequate one is missing the point. One has failed to read the true purpose of his or her life. So often the purpose is largely to be this or that spirit in this time and place. So easily fulfilled! Then there may be parental obligations, and occasionally a career charter, but the latter is much less common. The latter is really only the case when great gifts are to be borne into the world, and no one can avoid the fulfilling of the gift, for it is so extreme.

Sometimes there is a romance track running through a person's life, but this is rarely the case beyond the determination of children. Once the children are determined, any later marriages are usually a matter of personal taste rather than spiritual exactitude.

God grants special mentors and friendships in accordance with the need for learning, but these are

often adapted as a life progresses, rather than predestined before birth.

Thus life is fairly flexible while still maintaining its particular purpose. You can see that most of the intention is a rather elaborate breeding program! What gifts are being born through the imaginative combinations of parenthood, orchestrated from above. The exciting combinations we speak of are not genetic, strictly speaking, but combinations of spiritual lineage, which create greater depth in the human spirit, eventually allowing all people the opportunity of fully rounded spiritual development.

Where there are no children, the lineage is not lost, as the childless individual will die and be reborn to another pair of parents, so carrying within the combination of four parents into the next generation. This is a good trick for bringing many forces together.

So you see, you are not as clever as you think, trying to second-guess God's plan for you by choosing fancy, socially constructive careers. Yes, God is happy for you to contribute to humanity in this way, but your greatest contribution is simply to be alive, to be a vehicle by which the human spirit may evolve into a more elaborated form.

God willing, this work would be done without your pain.

∞ Currents ∞ Guidance ∞ Learning ∞ Spiritual development ∞

16. Spiritual currents

“There are currents throughout your spiritual development and these are of great interest when you are charting your spiritual endeavours.”

Information is a wonderful commodity. You can use it to operate more wisely on your world. In the same vein, spiritual information is like gold, for it allows you to operate more powerfully in a spiritual dimension. Therefore we deliver to you some ideas which help you to model your efforts on a spiritual level to achieve satisfaction and glory.

One thing which will help you in your endeavours is the concept of current. There are currents flowing through many things - water and air, and to a lesser extent all solid material. Also, you can see currents on a metaphysical level. There are currents throughout your spiritual development and these are of great interest when you are charting your spiritual endeavours. There is never any point going against the current. Seek, always, to identify the current (of the

time) and to work with it. That is, when you see that you are riding towards greater involvement with people, pay attention to that involvement with people. By contrast, when you notice you are entering a phase of greater self-sufficiency, pay attention to that self-sufficiency. Then, by deliberately working with the underlying process, the process is augmented and a sense of great fulfilment is found. There is no point aiming for something you used to aim for in the past, if you no longer feel the current. There will always be one godly current or another operating in your life. Simply take some time to reflect on where you are already going, then allow some conscious augmentation to take place, thereby consolidating your progress.

You can identify currents in other people also, sometimes (often!) better than they can see them themselves, and you can see currents in groups such as families and larger organisations. There is never any point in trying to change a current. This is a futile exercise, and deeply offensive to the forces underway. If you find a particular current worrying, this is a matter for your own regret and contemplation, not a thing which needs to be fixed in the outer world. You never know how long a particular current will last anyway, though you may get an intuitive feel for it. The currents are not precisely pre-ordained. There is some fluidity depending on the input to and augmentation of the current at the time. The current ends (or should we say,

“turns”) when the momentum ends and/or other forces come to bear.

So you see, the expression “go with the flow” has a special significance. Though, we must say, this expression has been over used, and used without paying attention to also aligning oneself with the light. If one tries to go with the flow without any effort towards uplift or godly alignment, then one often simply goes with a downward sag. This is not what we mean by a spiritual current. Learn to tell the difference between a spiritual current and a turn of apathy or the tide of disease. Each will have its influence, but only the spiritual current is to be surfed upon for its edifying value.

Often people wonder why their lives seem to lack momentum, and to stagnate as still ponds rather than healthy streams. At these times, there may be an issue of needing to detect a subtle stream that one has not been expecting to see. There are often subtle - as in, very fine and mystical - streams operating in these quiet times, but one fails to recognise them because they don't resemble any commercial line of activity. You get the drift by paying attention to the weird and unfamiliar inklings that happen at this time. These kinds of current can have a profound effect, by changing a person at a deep, watery level.

So you see, there is a lot to keep aware of. At first, trying to second guess one's spiritual development feels like a clumsy and ignorant thing to do, but you will

find with a little practice that it comes naturally, and you learn to anticipate your focus for the months ahead, and slide into it gracefully.

So you will see.

Blessings.

α

∞ *Despair* ∞ *Energy* ∞ *God's plan* ∞ *Individual path* ∞

17. Despair and energy

“... a shortfall of energy is a sure indicator that there is resistance to a God-given plan.”

There are several times you will despair in life and these are to be taken seriously, but not hopelessly. Despair signifies when the spirit and God are not right with each other. There needs to be better alignment. And despair signifies a mistruth, in that one has come to a false conclusion about one's path and one's fortune. One decides that the road ahead is joyless and troubled, and this is patently false.

Despair is easy to catch unless one is on guard against its many convincing forms. In the modern age, despair is very common and propagated by the belief that the material reality governs the probability of future events. Insufficient weight is given to the power of grace and idiosyncratic fortune. There is little recognition of the fitness of one's life for one's self. There is far too much reckoning of what is right for the masses, and governments act as if all would be happy if all receive an adequate doling out of resources and prosperity.

God, on the other hand, works by the attunement of the individual life plan to the individual's spiritual need. Despair arises when one starts to reject one's life plan in favour of something that is intended for statistical masses, or for some hypothetical son or daughter. One's individual life plan will carry one along necessary paths, including times of grace and times of contemplation, times of generativity and times of familial duty. There is little wastage. But when the individual starts thinking, "This can't be right," "I'm too smart for this," "I'm too untrained for this," or, "This is not satisfying to my pride," then there is interference with the plan and there is much wastage and grogginess. To remain fresh, the individual must remain attuned to the finer inspiration, and carry along with it. The energy comes from the plan itself, and a shortfall of energy is a sure indicator that there is resistance to a God-given plan.

We say this not to dishearten you about your own ability to direct your life, but to ensure that you enjoy maximum energy and liveliness, which is what you crave deeper than anything else. Keep adjusting your compass to find those lines which flow with energy for you. There is not energy where there is no path. The energy comes from your future, in effect, or at least from your destiny. All else leads to stagnation. Find what you have the energy for and you will be content.

Rest assured that all your dreams will be fulfilled in the longer term. Remember that the dreams you consciously entertain are but a subset of the dreams you could entertain if provoked. A dream without the energy to fulfil it is worth nothing. Its time has not come. Better forget about it and don't blame yourself for not going down that path. A dream which finds its energy is an inspiration, and is ready to harvest.

Go in joy.

α

18. Experience and destiny

“There is one thing that destiny will not do, and that is to govern your degree of aspiration to the light.”

Come to an understanding that all will be resolved eventually. All the petty squabbles and trivial desires will amount to something in the hearts of men and you will see that there was meaning everywhere. Do not despair about the level of behaviour that seems meaningless and self-absorbed to you. This is all part of the development of understanding in the individual, for it is only by experience that the spirit can be chiselled into the final product which satisfies the artist. It is only by experience that you are changed, and therefore all experience is to be appreciated for its formative power.

Some experiences seem too confusing to be of value. You don't see the merit because you don't know which way to behave. It is a quandary. And so it should be. For then you are learning about the experience of quandary. What does it mean to be in quandary relative to God, relative to your life's path? It

means that you have an apparent opportunity of choice but you are not sure what option will lead to your desired outcome. And so all manner of fears and expectations come into play. In truth, there can be no harm in choosing either option, if done with a pure heart. And yet one agonises, searching for the hidden clues which will reveal the “right” path. Why do we agonise over making the “right” decision? Somewhere there is a sense of there being one true path, one true course of action that will lead one higher. And so there is, but the “true” course is based on states of love and understanding much more than it is based on particular acts. Thus one can take the “true” path within oneself, whichever direction one chooses in a behavioural sense. Thus, one’s course can never falter, if one brings the truth within oneself. Fear not, then, the particular decisions. For one’s true path is inside oneself, and not to be found in chance decisions. Take, therefore, the truth with you, into every option you choose.

There are many ways along which you may travel because, of course, there is some freedom of will and thinking. Some courses, however, have been anticipated for you. That is, there has been some advance preparation for some circumstances which are more suitable for you. Fear not about missing out on these opportunities, for they are designed not to be missed! It is very difficult for you to elude the persuasion of fate when it comes your way. Fate will speak to you with a magic tongue which steers you

towards certain choices beyond all reason. In retrospect, you will recognise some of these times of fate, when the heated breath of fate was felt down your collar, as fate whispered ideas into your susceptible mind.

So don't worry that you can fall off your pre-destined track. There could be no such thing as destiny, if it could not be brought to bear with some certainty!

And so you may be wondering, how large a part does destiny play in your life? And we will say, "Just enough," and, "To your satisfaction". You would not be displeased if you could see the influence of destiny on your life path. There are some times when destiny has minor influences, and other times when it spins your whole machine around. You get plenty of whisperings to guide you when appropriate. There is one thing that destiny will not do, and that is to govern your degree of aspiration to the light. That is a very personal matter, and you can be helped along this path but only in response to your invitation to Grace to enter your process. So, you are in charge of that dimension of destiny. This is as it should be.

So enjoy your life path! There is nothing to be afraid of, for the lessons are all prepared according to your capacity and needs. You will give what is required and receive such as you are able. Nothing really can go wrong with your life except for disillusionment - that is, your decision that it is not going so well!

This is largely the problem in depression - that one loses faith in one's life's ability to satisfy and to run according to a good course. When one has preconceived ideas about what a good life looks like, it is all the more likely that one will assess one's own life poorly. But you get the real picture now - it is best not to judge how one's life is progressing. Simply pursue a course with the maximum of one's truth and be aware of the whisperings of fate. It is very difficult not to follow this formula. And so you see, there is very little to worry about. Your main concern is to focus on your truth and aspiration, such that you will be of the highest quality in all your dealings, and the light of God will be known through you, as should be the case.

Fear not then.

α

∞ *Darkness* ∞ *Divine intervention* ∞ *Humans* ∞ *Truth* ∞ *Patience* ∞

19. The battle between good and evil

“ . . . seek to resonate with that which feels true, be patient, and seek help from higher powers.”

You ask me to deliver some teachings which help to raise up the heart and so I will tell you this: That the role of humankind in the cosmos is paramount to the evolution of spirit as a whole. You wonder how important can be this destructive species, but I say that your capacity to play with ideas and change yourselves by changing your aspirations is a wonderful new invention in the cosmos, and has been a challenging experience for all astral types to watch. The human being must continue along this path to prove that the truth will win. It truly is a contest between good and evil in which good will triumph, and yet the journey is entirely exciting and gripping for everyone to watch.

You must remember that, in the battle between good and evil, there are a few things which are always on the side of good. Firstly, because the truth resonates with a sense of well-being in the body, there is always a

net tendency for people to seek it out. Secondly, there is the capacity for patience when one is aligned with the truth, whereas darkness is more changeable. Therefore, those who are aligned with good have a greater capacity to wait and stick to their guns, and this is a good strategy for winning anything. Thirdly, the good have the support of all the higher powers. The higher powers can only intervene if invited to, but once they are invited, they are a distinct advantage to those who seek to align themselves with the truth.

So there, now you have a run-down of why good will triumph over darkness, and it is also a summary of why good can triumph over darkness within your own life. Namely, seek to resonate with that which feels true, be patient, and seek help from higher powers. In this way, you can rest assured that there will be more light than darkness in your own life.

Rest on that.

α

∞ Burden ∞ Income ∞ Rewards ∞ Soul ∞ Work ∞

20. Work and the Freedom Calculation

“... start by calculating what income you require for your basic happiness. Then trim away all unnecessary employment, so that you can focus on the creative desires of your soul, and begin to work on these.”

I want to bring attention to the concept of work, because there is much distress about how hard a person should be toiling and making sacrifices in order for economic reward. You must remember that economic reward is only one of many things for which a person can toil and sacrifice. You are at liberty to choose, in your head, what you are working for, and frame your efforts accordingly.

Firstly, let me draw attention to those people who say that you should work because you should work. This is a nonsensical argument. There is much chatter about how it is good for the soul to put in a certain amount of hard effort, and that it is virtuous to work until you are physically spent. I defy this idea. If it is hard and uncomfortable, then it feels so because

the soul is unhappy about it. Therefore it is not good for the soul. The soul benefits most when it is motivated and excited by the work. This in itself makes the work feel light and enjoyable, so the sense of burden is not there. Therefore, if you want your work to be good for the soul, you must choose work which is a delight to the soul.

If your work feels like a burden, and that it is emotionally draining to perform, then the chances are that you are doing it to fulfil someone else's purpose rather than your own. To gather your own food, for example, does not feel like a burden. To gather enough food for a second person to sell at a profit to themselves is not enjoyable. In this case you feel exploited, and rightly so. Somehow, the second person has managed to persuade you to gather an income and give it to them so that they can profit further. They are using your energy to make their own way. This is a form of domination, and lack of respect for individual strength, and so it goes against spiritual law.

To work hard for arbitrary goals is also difficult for the spirit. To complete an assignment by an arbitrary date, or to aim for a certain number of units of work, is difficult for the soul to comprehend, and therefore feels burdensome. A lot of people feel relief after they have completed these kinds of challenges, and mistakenly assume that the sign of relief is some kind of reward for their labours. This is the same as the reward of removing a bed of nails from under your back. Yes

it does feel better, but that does not mean it was a good idea in the first place. This is a kind of learnt masochism which is exploited by those who want commercial gain from other people.

What I would ultimately like to see is that people can work for their spiritual goals without arbitrary inducements from other people. There is no need to have external rewards in order to motivate people. This has only come about because greedy people have had enough control over food and land that they can then manipulate other people to work for them. Ultimately, I wish to see this system unravel. It will take time and gradual steps – many of which you can't even get your head around yet – but it will eventually happen with my guidance.

The first thing to do if you want your own work to be enjoyable is to start by calculating what income you require for your basic happiness. Then trim away all unnecessary employment, so that you can focus on the creative desires of your soul, and begin to work on these. If these goals begin to earn money, then you have the choice to let go of your other employment. For some people this will be possible, for others it will not. But the first step, which every single person should undertake, is to do the mathematics to determine just how much money they need for their wholesome family existence, without arbitrary trimmings, and then proceed from there. If everyone sat down to complete this exercise, you would see a

radical shift in the way people approach their employment. It should be called the Freedom Calculation. It tells you just how much freedom you have in your working life.

Go now and do your own.

Yours, encouragingly,

α

∞ *Compassion* ∞ *Dimensions* ∞ *Individuation* ∞ *Transience* ∞

21. A frustrating four-dimensional life

“... the earth life could be accurately described as ‘the heavy and sad life’ in the evolution of the soul.”

I have a deep unfathomable love for you which is illustrated by the compassion of those people who have passed over and send you their condolences. You must understand that everything I wish for you is represented in the hearts and minds of those who have already passed into my grace, and therefore they are good agents for the divine realms.

I have nothing but deep empathy to offer you for the troubles you have on the mortal earth. You wonder at the depth of our compassion, when at the same time I tell you that there is nothing to be done about the complexity and destructiveness of nature. Isn't that the same as saying, “suck it up”? Well, no, it isn't the same. We realise that the state of the world is hard for the individual to bear, no matter how high is their level of spiritual enlightenment, and we always feel the weight of your existence. Simply, the task of tuning into your consciousness makes us feel heavy and sad,

because that is human nature to be heavy and sad, whereas that is not in our nature at all.

So you see that the comparison between your current life and the immortal life is this heavy feeling and this vulnerability to constant disappointment and grief. It is characteristic of earthly life. It is inevitable and, we feel, undesirable. And yet it cannot be alleviated for the whole time you are alive. Thus the earth life could be accurately described as “the heavy and sad life” in the evolution of the soul.

Of course you ask, over and over again, why must such feelings be part of the natural process? Couldn't the human have evolved to be tougher or less sensitive? Couldn't the soul be given some immunity from the physiological downers of being alive?

Basically no, because the mortal life is temporary, and it is important that the soul retain its long-term perspective. It is important that, whatever phase it is in, the soul should retain its desire for freedom and for closeness to the divine - just as when a person goes scuba diving, it is important that they retain their desire to return to the surface. Divers might have a wonderful, fascinating time while exploring under the water, but if they ever feel complacent about being there, if they ever start to feel that they could be satisfied there forever, then they are in danger of not returning to their safe and rightful habitat in the air. Likewise, it is important that the human soul retains its magnetism for the other realms, and that it correctly

registers every accident of nature as being more painful than the soul's own home.

In short, it is important that the human life should have rough edges, because it is only meant to be a transient state, not a permanent and acceptable place to be. I would only ever want you to have a transient existence on earth because there is so much else to be done in the heavenly realms.

This begs the question of why the human soul needs to be sent to such uncomfortable conditions at all. Well, this is not really a question, if you ask me, because your earth incarnation is part and parcel of your soul germ being born at all. You are shot out into a material realm to begin with, so that your character can be distinct. If you could not be shot out into a particular time and place, you would not be any different from the next individual, and then there would be no individuation, and the whole creative formula for which humans were conceived would not be possible. That is, the construction of earth is about having a four-dimensional arena into which you can be planted and differentiated by experience, and then you come home as a distinct human being, with all the variety which is then necessary for my intelligence to evolve amid your species consciousness.

So finally you understand why a material world must be created, and why there are dimensions to distinguish each point. The exact number of dimensions is important to allow sufficient

discrimination between all of you, given the number of dimensions which are allowed to exist in the human soul. There had to be enough delineation in time and space for there to be a lot of personalities manifest from the germ characters in the souls.

I will bring you more information about the individuation of souls as time goes by.

Yours, in stages,

α

∞ Comfort ∞ Communication with God ∞ Inspiration ∞ Misfortune ∞

22. Forbearance

“Remember that inspiration needs to be sought anew every day and every week, and for every twist and turn in your fortunes.”

Now I will talk to you about forbearance. Forbearance is not altogether a good thing, because often it indicates that a person is not seeking sufficient inspiration to get out of a situation which is causing them pain. If you are putting up with something because you think it is good to endure it without help, then you are going down the wrong track. Forbearance is only appropriate if you have done everything you can to seek inspiration for your woes, and you still feel that you should be in the same situation you are in. Do not blame God for the fact that you have to suffer something. Blame your bad luck, and the fact that there was nothing that even God could do to eliminate your suffering in this case.

The reason that God sometimes does not appear to give assistance is that sometimes he does not receive adequate information about your situation (if you do not inform him clearly in a metaphysical manner), and at other times because, weighing up all things, there is no truly better idea for how to deal with

the situation. In the latter case, this is when he is weighing up all situations that he knows of, and trying to maximise the wellbeing for everyone. If there is mass famine or mass war, for example, there is only so much that he can inspire to help everyone. There is still going to be a shortfall of resources and an abundance of pain. But if it is a situation of partial pain in a community, there are usually ideas which God can pass onto you about how to receive help or to procure a new situation for yourself, using the people and resources that are around you in that relatively wealthy community.

Therefore do not blame God if, in a relatively wealthy community, you cannot find an answer to your woes. Either you are not efficient at seeking inspiration from God, or there is nothing more that he can suggest than what is already available to you. You wouldn't necessarily know if you have been effective in seeking God's guidance unless you already have an effective channel of communication open with God. If, during your crisis, it is the first time that you are asking for God's help, then how would you know if your quality of communication with him is sufficient for getting ideas and comfort in your time of need? If, on the other hand, you have a history of being able to hear and feel the inspiration of God, then you can rest assured that he will also deliver ideas and comfort to you when you are in a time of crisis. Forbearance should not be

necessary in this situation, unless you are in a corner of particularly bad luck.

Remember that inspiration needs to be sought anew every day and every week, and for every twist and turn in your fortunes. Just because you tried to get work and failed this week, doesn't mean that God won't inspire you to get work next week. You have to keep an open mind, and keep listening to where he is sending your energy, your sense of humour and your sense of mischief. You will recognise God's hints as being separate from your own worrisome thoughts because God's ideas always come with a sense of, "I've got nothing to lose if I try this," and "That idea gives me the energy to keep going." His ideas always come with a little taste of cunning and optimism, and a fair measure of reassurance that something will turn up one way or another. If the ideas in your head sound like a nagging grandmother, they are probably the thoughts of social conditioning, rather than truly inspired ideas from God.

Therefore do not blame God for your forbearance at any time. He does not require you to suffer in order to build your character. He wishes for you to experience joy and bounty and will put all of his children under trees full of fruit if he can. Sometimes there will be luck of nature which is difficult to steer around, at least in the short term, and sometimes there are mass human events where it is difficult to get enough resources to go around, with or without

inspiration, but trust that God will always maximise your opportunities and minimise your need for forbearance.

Therefore do not pride yourself on forbearance. It is fine to be strong-minded and do not pity yourself for every little discomfort. But also do not pride yourself on managing without inspiration, or for putting yourself in hard corners on purpose. These are not the will of God. You will also see that there is no need for you to feel a lack of metaphysical comfort even when there is nothing that God can do to improve your physical situation. If all else fails, you can rely on your pipeline with God (if functional) to send you feelings of comfort and company, so that you do not have to endure alone.

Finally, let me say that some of you feel habitually downtrodden and unfortunate and this is a difficult place in which to be. Even if your pipeline with God has been open for some time, you may be carrying some grief from those years when you tried to do things too tough. Now it is time to truly let go and admit that you did not have to take things so seriously and function so much without help. God will see to it that your understanding of the future is healed, and that you expect to receive more comfort from now on.

Yours, in attendance,

α

∞ Diversity ∞ Learning ∞ Luck ∞ Suffering ∞ Wishful thinking ∞

23. Suffering and learning

“I say it is a good idea to embrace the learning which comes from suffering, and the humility and compassion which one acquires. But never assume that I designed for you to suffer.”

Remember that I am always with you no matter what happens. No matter what happens to you, your belief in the existence of God is still entirely valid. Bad luck does not repudiate my existence. My inability to deliver a miracle into your lap does not repudiate my existence either. You must bear with me, to withstand the character of the world as it exists and to distinguish the truth about God from sheer fairy tale and wishful thinking.

Even if I was capable of giving you miracles on any whim, I'm not sure that I would go about granting them for your comfort. I do not wish anything bad upon you ever, but the world is as it is, and I have witnessed how the human spirit evolves and makes itself more divine with every conquest and with every sacrifice asked upon the character. So now I can appreciate the value of bad luck, just in the same way as humans often sit back and say, “What doesn't kill me,

makes me stronger,” and so forth. It is not that I have designed for you to suffer in order to learn. But you do suffer and it is a real consequence that, on the whole, you do learn, both individually and as a species, as a result of your trials.

You don't have to blame me for all the bad luck either. What I have intended is for diversity, including the differentiation of time and space, so that you can all have room to develop as individuals. The formulae by which the four dimensions were created, and by which the differentiation of biological beings was created has resulted in a degree of diversity which some would say includes “bad luck”. I would say that it includes enough diversity that you have grown to dislike some of it, and wish yourselves to be above it.

You don't see the animal kingdom writing tales about why they don't deserve to be subject to the forces of nature, but you humans do have a tendency to think you should be above natural selection nowadays. That is a little humorous. It is a good idea born of childish imagination and the desire of parents to protect their children from the truth. The child can dream up all sorts of wishful ideas and the parent wishes to agree that their fantasies are true. A conspiracy is born between child and parent to believe that one is safe or protected or somehow too good to suffer. Well, give it away with the tooth fairy. It's not true and you need to accept the natural order sooner or later.

And so I say it is a good idea to embrace the learning which comes from suffering, and the humility and compassion which one acquires. But never assume that I designed for you to suffer. I simply designed for you to be spread out and to have a natural process of climbing upwards, perhaps even at the expense of each other as in other species, but all in all because of the benefit to the total pool of consciousness.

Rest on these thoughts.

With all my love,

α

∞ Closeness to God ∞ Competition ∞ Ego ∞ Humility ∞

24. Humility

“Your destiny and your holy guidance are based on what you really have inside you, not on an inflated impression of you.”

Humility is a particularly sanguine topic. It is something which is not well understood in spiritual terms, and yet it is an incredibly illuminating topic and it has a great potential to revolutionise the way people think in their relationships with each other.

In short, there is no reason for anyone to be afraid of humility. There is no disgrace in admitting your faults or your deeds, or giving time to hear about the strengths of others and to listen to their criticisms of you. There is no harm at all in letting the idea of your own weakness and fallibility wash over you.

Why is it alright to appear so weak and fallible? Firstly, public opinion about your strength does nothing to change who you actually are. It does not change your ability to cope. It does not, on average, impair your ability to compete either. If you are seen as weak, then you can always surprise people with what you can actually do. If you are seen as weak, you are less likely

to attract sabotage and competition. What maliciousness you do attract, you are better able to deal with than was thought.

On the other hand, to listen to stories of your own weakness and vulnerability is a good way to be realistic about what you can offer and achieve in the world. There is no shame in being where you are in the distribution of talent. You do not need to pretend to have greater gifts than what you really have. Your destiny and your holy guidance are based on what you really have inside you, not on an inflated impression of you. Therefore you should attempt to be totally realistic about your qualities, so it is easier to pursue your real destiny and to hear the spiritual guidance which is sent in accordance with your real situation.

As long as you are transparent to God and capable of receiving his guidance, you do not need to be afraid of being alone with your weaknesses and vulnerabilities. God will organise assistance and guidance for you as required. You need to be aware that you are indeed helpless and incomplete without connection to your God, and it is good to be able to feel your neediness and the uncertainty of how your needs will be met. You need to throw open the possibilities of life to God rather than try to have everything sewn up with your own abilities and by trying to control the environment around you. Let things be, as much as you can, and simply open to the

inner direction which is given by God, rather than trying to adjust your world to suit your fears.

We have a long history of training spiritual devotees in the art of humility. Many of them deliberately seek to learn humility by entering poverty and humble physical labours, and by living in groups where no one stands above the rest. And yet the message of humility is not readily grasped by the population at large.

There is a misconception that you will feel happier about yourself if you exaggerate your strengths and dismiss your weaknesses. There is a misconception that you will be more competitive in the workplace if you talk yourself up and sow seeds of doubt about the abilities of other people. These things are not true.

Your path through life will be governed by your true talents and true destiny, not by false impressions. You will not get satisfaction from being biased towards your own ego unless you are afraid of what you really are. You would not be afraid of what you really are if you could only connect with God and feel his acceptance of you and his support for you. Egotism is the pastime of those who have not learnt to hear God's love. God's love is entirely validating and makes you neither afraid of yourself nor of your future.

Humility is greatly liberating. It relieves the psyche of the huge workload which the ego creates. It allows you to move with greater fluidity through the ideas and reactions which you receive in life. It has no

equal concept which might be used in its place. If you do not have humility, you are missing out on some closeness to God.

Yours honestly,

α

∞ *Commitment* ∞ *Currents* ∞ *Destiny* ∞ *Soul's journey* ∞

25. Commitment

“You should always listen to your heart first, and pay attention to the currents which draw your spirit forward, and then form your mental commitments based on where you see your soul is going.”

Today I will talk to you about commitment. There has been some speculation that it is a human weakness to form commitments to things. Some spiritual gurus have encouraged people to break their ties with family members or work or money, as a way of demonstrating detachment and equanimity and as a way of raising the soul into enlightenment. I disagree with this approach.

Commitment is a sign that you have recognised the role of something in your destiny and aligned yourself with the needs of that situation. You have consciously drawn your destiny and your intentions into a single path. You have decided that you will do everything you can to augment the path that you are supposed to be on. This is a case of good alignment between your mental willpower and what you perceive to be your true path. It will be a rewarding venture.

It is not rewarding to commit yourself to something when you do not actually perceive it to be part of your destiny. If your spirit does not feel a sense of belonging to the thing which you say you have commitment to, then you will not be able to keep that commitment. Commitment should follow a sense of recognition inside the soul. Commitments should not be made as a way of trying to force yourself to do something even though you are not certain whether it is good for you. You should always listen to your heart first, and pay attention to the currents which draw your spirit forward, and then form your mental commitments based on where you see your soul is going.

You could say that your mental commitment is quite redundant, because your soul was going to travel in that direction anyway. I say that the commitment is useful because it puts your restless mind at ease. It is good for your mind to have a concept of where the soul is going. By making an explicit commitment to something which is happening in your soul, you are telling your mind to bring its ideas into line with what is happening. You are telling your mind to stop doubting what the soul is calling you to do. You are making it explicit to all parts of yourself and also to the people around you. This gives more food to the soul, which can then recognise its own goals in the feedback it receives from your mind and your community, and it will forge ahead with greater happiness.

Don't be afraid if you do not know what to commit yourself to at this stage. Commitment is only appropriate when the soul has a sustained path in a particular direction. If your soul is still sampling various twists and turns, and riding on various short-term currents, it is not worth making a commitment. If your soul needs to make a fresh direction every month or so, then it is pointless to commit yourself to anything for more than a month. You see what I mean? Perhaps at times like this you could make a mental commitment to being flexible and open-minded about where your soul must travel in the months and years to come.

One day you will realise that you have fallen on a path which is more long-term, and you will consider making a mental and legal commitment to that path, for the sake of clarity for all people involved.

Rest now, knowing that the desire for commitment will awaken within you when the time is right.

Yours, in advance,

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∞ *Divine intervention* ∞ *Money* ∞ *Soul's desires* ∞ *Spending* ∞ *Thrift* ∞

26. Thrift and spending

“Spiritual thrift does not always come cheaply, but it will be cheaper than spiritual ignorance.”

We have a message today about thrift. Thrift is the art of using only as much as is necessary. This is not just a monetary concept. Thrift is a way of moderating everything you do, in order to match what the spirit desires and no more. There is a lot of wastage when people are not in touch with their spirit, because people often make a lot of poor judgments of how to move forward and poor judgments as to what they need to make themselves happy. When you are clear about what your soul desires, however, you need only spend the energy and money for exactly what your soul desires. Therefore there is little wastage and much thrift.

Thrift is not about having a miserly attitude or denying yourself things that you desire. Thrift is about going right to the heart of what you need and what will make a difference. Focusing on your needs in this way is very economical. It is also the key to minimising your environmental impact – and maximising your happiness too, of course!

It is not as easy as it might sound, to be clear about what the soul desires. First you need to have a high level of self-awareness and a good level of communication between yourself and divine inspiration, so that you are full of clear ideas about what to pursue and what to leave alone. This is the key to knowing your heart's desires and knowing what purchases or efforts will bring results. Do not be horrified if you are inspired to make a few big purchases. If they are close to your heart they are not wasteful, even if they seem to bite heavily into your budget. Spiritual thrift does not always come cheaply, but it will be cheaper than spiritual ignorance.

It can be difficult to budget in advance for spiritual thrift, because you might not be able to foresee some of the expenses (or savings) which your soul triggers. But you can have a sound idea about your basic living expenses from year to year, and have a sound idea of how much flexibility you have to meet the requests of the soul. You may sometimes feel that the soul is calling for something which you cannot afford. If this is truly the case, explain your predicament clearly to the divine layers. If your soul's request is well-founded and supported by the agents of God, in line with divine goals, then they will help to open doors for the money to become available. If nothing comes forward to help you pay for your heart's desire, let it go. Perhaps you were mistaken about the importance of that purchase, or perhaps the time is not

yet right for you to move in that direction. You will receive more guidance as time goes by, if you remain open and transparent to God.

Allow us to move you in all ways, including financially, and you will find life to be deeply rewarding.

Yours openly,

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