

ALPHA'S PAGE

Letter to the Devoted

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Published 2014

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Print version: January 2015
Printed by Lulu

Published by Grace Junction, ABN 29380710011

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∞ Welcome ∞

Dear reader,

I have waited a long time for an opportunity such as this – the opportunity to communicate with you freely and in detail in such a way that you can hear my words and make sense of them in your own language. My writer is just another human being, but one who has perfected her ability to tune into my stream of consciousness. Therefore she is one step ahead of you, but it is a step which I would like you to follow. You can learn more about how to be close to me by reading the instalments in this book. There is no need for any further introduction except to say that I will be with you on every page, monitoring your thoughts and feelings as you go, to the extent that you are able to open your consciousness to me as you read.

Therefore please read this book with awareness, and together we will embark on your next phase of development.

Yours,

α

1

This is my first instalment for a book aimed at those who have already devoted themselves to God's work for a considerable time. Unlike the other messages I have sent you already via this channel, this letter aims to be a single address which will raise you to the next level of your development, without needing any parallel material upon which to draw. You are going to find that some of your ideas are challenged, but many of your ideas are already sound. It is going to be a journey in intimacy with your creator and the holy intelligence which resides within you already. You are going to find that I am confident in your ability to follow my path, and at the same time I am humble about your loyalty, and encourage you to soften further in your attitudes to yourself and fellow humans. This book is about having time together to fully explore your attitudes in relation to the God that is, as opposed to the God which has been advertised to exist in centuries past.

Then let us begin.

My first comfort to you is that I recognise everything you have already done to approach me. I am aware of all of your efforts to communicate with me and to put aside your ego. I appreciate every effort you have made, and I rejoice every time you turn your face towards me, hoping for guidance.

Now let us say that we have been friends for a long time already. But now we are on a road-trip together and suddenly we have the opportunity to get to know each other to a greater degree. I will get to know you more deeply because you will learn to open to me more freely. You will get to know me more deeply because I will explain myself in plain terms. Let us enjoy this road-trip with some refreshments and music in the car, and we will have a long chat.

Firstly I bring to you the proposition that you have a deeper knowledge of me than you admit. Your understanding of me goes deep into every cell in your body. On a cellular level you know me and understand how I work. Your brain, however, is limited to dealing in symbolic ideas. It can't know me so perfectly because it has to summarise me in rules and general observations. It is a place where millions of bytes of information are collated into a screen-shot, and much of the original information is lost. Never mind. You still do know me on a cell level, even though your thinking brain simplifies me far too much.

What hope do we have of getting to know each other more deeply if we are communicating via your thinking brain? I ask you to allow the words in this book to penetrate you on every level. Open yourself to the ideas on an astral level, not just on an intellectual level. Allow yourself to have an emotional response, and even a visceral (physiological) response to everything I say in this book. If you find yourself

feeling peaceful on one page, notice it. If you find yourself feeling anxious on another page, please notice that also. This is how you are integrating everything I say on a bodily, etheric and astral level as well as in your mind.

You don't have to continue with this book if you don't wish to. Do not think that, simply because I address you as a believer, you have some kind of obligation to read this book and to try to be a better person with it. This is not my intention at all. If this book strikes you at the right time and meets a need within you, then all is well. If you are not interested today, if you are busy, if you do not feel attracted to this book, or you think the author is a prick, you are not failing either yourself or God by putting aside this potential food. You will find food elsewhere. Your path of increasing intimacy with God is guaranteed one way or another. This book is simply one potential aid along your path. The choice is yours.

Finally before I close my first instalment to you, let me say that I feel deeply for everything that is within you. Do not belittle your emotional reactions. Do not belittle the reaction which you are already having toward this book. This book, because of its frankness and its theme, is likely to stir you up a little. It may stir up your regrets, your longings, or your sadness about the difficulties of this life, all because this book is a stimulant to your soul where many strong feelings are stored. Be not afraid of the feelings which arise while

you read this book. I am aware of them as you are opening yourself to me. I note everything you feel and take it into account when I try to comfort you. Each of your feelings is there for a reason and it is natural that you should feel that way. I respect every little reaction inside you, and I ask you to respect yourself too. Be patient and accepting with yourself, and this will allow you to open to ideas which initially make you uncomfortable, but which ultimately make you well.

2

I want to acknowledge the considerable pain you are in because of your devotion to me. Because you have made me central in your heart, you are constantly aware of the discrepancy between my ways and the alternative ways in the world. Always you are seeking to put me first, but this means that you are constantly having to say no, or deviate from, other options. For people who are not yet devoted to me, the pain of discernment is not so strong. They do not feel that there is any great consequence of taking one course of action versus another. Whereas for you, you feel the pain of knowing that your relationship with God involves a certain self-censorship, albeit in a good direction.

As you would hasten to tell anyone, you are glad to choose a path which I prescribe for you. And yet I tell you the pain of your loyalty is there, always, in your eyes. It is not so much that you envy the people who seem to have more freedom. The pain is more to do with your frustration that other people are following an uninspired course. You wish that you could shake them and convince them that there is a better way. But you can never really do that, without seeking to dominate the other person's free will.

And so you are stuck in a quandary of watching other people walk in a darker fashion. You are also aware that their darkness reduces the quality of life for

everyone else who is on the planet. It is annoying to say the least. You have to put up with an environment which is coloured by people who are not taking their inspiration from me. You have in the back of your mind the idea that life would be so much better if only everyone turned to God for their inspiration.

This is what I must remind you when I sense your pain: That there never was going to be a better world than this. From the time that the human species was conceived, it was always going to be a moral jumbling ground, with a constant struggle between the inspired and uninspired. The utopia where everyone takes their advice from God will never exist, and cannot even be created in small communities on this earth because there is too much diversity in the way people think and aspire. There was never going to be a human civilisation where people managed to get away from greed, corruption, self-aggrandisement, or the quest for short-term gains. This is human nature, in every group no matter how big or small.

Therefore when you feel saddened by the darkness around you, you should understand that you are feeling sadness about the human condition overall and there is an inevitability about it. You are not justified in thinking that things could be better, or that individuals are spoiling life for the rest of you. You are sad because life is the way it is. That is fine and logical, and there does not have to be a remedy for this sadness. Just accept that the nature of things is sad on this earth.

There will always be a constant pull inside every human being between the divine and the earth. The earth always pulls the human towards disintegration and base instincts. The divine always asks the human to reconsider his or her course of action. You are sad, tired, sick, disillusioned and ultimately willing to allow yourself to sink back into the earth at the end of your life. On the other hand, you are also inspired, uplifted, intrigued, curious and wickedly funny – ready to take a throne in heaven when your body falls apart. Both of these things are true because you have a dual nature of earth and divinity inside your body.

There is no need to feel dismayed or alone in your allegiance to God. Understand that everyone has the seed of divinity inside them, and will ultimately relent. At the same time, the earth is calling each and every person to rot down as quickly as possible, with carnage and disease to accelerate the process. You can't stop pitting these two forces against each other. You may cry, but at the same time you should also feel the thread which pulls you upwards. You may slump your shoulders and give up, but at the same time you can feel the whispers of God tugging you from above. You can lay down to die, but you will accidentally release your soul into the realms overhead. Finally you are truly split, because this is your inherent nature.

Don't underestimate the link which exists between earth and divinity until you are forced to drop your earthly body and return your soul to me. The code

inside your earthly body is exactly matched to your soul for a reason. The two work together intrinsically in every moment that you are alive, and with great meaning. Everything which happens in your soul will be checked against what can be allowed by your physical body. Everything which happens in your physical body will be checked against what can be allowed by your soul. The two limit each other, but are also jointly responsible for the program which will cause you to evolve as a spirit, and which influences your physical lineage as well. Earth and divinity are partners in genetic and spiritual engineering. What a masterpiece it is, if only you could see it.

For now, please just take comfort in the thought that your sadness is justified but you are free to let it go without feeling responsible for fixing human nature. It is okay to be sad but then to wash your hands of human rehabilitation. Seek only to follow the inspiration which I give you for your very own path. Perhaps you are a peace-worker, community worker or physician in my plan. Then I give you permission to patch up the human race. But for everyone else, you may weep for human stupidity but do not try to fix it.

 3 

Do you think you know what love is? Well I am telling you that you do not.

Love is not something which can be comprehended in the mind. It cannot be illustrated by particular behaviours. Love is a softness in the soul which enables the essence of God to pass into a person. You cannot foresee what this essence will decide to do. It will have ideas of its own, and if you are going to open yourself to love, you cannot prescribe what it will achieve.

I only have this advice for those of you who strive to be loving. Do not. Do not try to be that which I am. Only open yourself by your transparency and your humility to inspiration. Then I will imbue you with everything you have dreamed of becoming. I will be able to influence your thoughts and feelings on an everyday basis if you can make yourself humble in your soul and allow me to dictate the vibes that you give off to other people.

There is a lot of effort to try to emulate love in the community. I would use different words to describe the result. There is a lot of altruism and charity. There is a lot of hands-on caring such as nursing and catering for each other. There is a lot of touch and words of kindness. In the majority of situations, the people who perform these deeds are also open to my inspiration as well, so their good deeds are

imbued with my presence. But it is also possible to enact altruism and charity without concern for my agenda. It is possible to be kind in a closed and mechanistic way. Many people learn humility as a result of performing acts of servitude and therefore come to God as a result of their charitable behaviours. But still I want you to make the distinction between what is God's love and what is simply a human act of kindness. There is a difference. It is an important metaphysical difference.

The point where this difference becomes paramount is when you consider the worth of a person. You could easily make the mistake of thinking that the person who appears virtuous is closer to God and therefore more worthy. You might build a concept of your own self worth based on how much kindness you perform towards other people. Yes, you have a lot of social worth if you are busy helping other people, but this is not the same as your worth to God.

There is no difference between people in their worth to God. And there is no correlation between being inspired by God and being part of charity. You have to accept that the word of God can breathe into the minds of people in many different ways. One person will be inspired to teach. Another will be inspired to sing. Another will be inspired to be a lawyer. Each of these people may seem to be serving their own interests and securing a good income for themselves. But if I have breathed this intention into

them, then they are functioning because of the love of God, and they are as holy as a monk or a nurse.

You have to get away from the idea of judging how people should live their lives. You are never going to be able to tell who has got it right and who has not. You can't discern what each person is dealing with inside their own brains or inside their own auras. You do not know how closely aligned their wisdom is with the intelligence of God. It is a complex matter to be able to see resonance between human and God and most of you do not have the apparatus to see it.

What I am trying to do is to break down all of your prejudices against other people. Do not judge each other as better or worse than each other by any criterion, not even by a person's perceived closeness to God. Do not judge one person as being a better citizen, or a better worker, or more talented, or any of these matters. Accept people as they are, with all their talents, aspirations, achievements and ills and do not try to see a pattern or to assume that certain people should be role models.

There is only one judgment to be made and that is whether you, in this moment, are opening yourself to God by being transparent and still. Have you made the intention to allow God to see into you? Are you withholding yourself from him or are you allowing yourself to be moulded and imbued by him? This is not something you can compare with your neighbour, and it has no consequence for your social worth. It is simply

the one question with which you should concern yourself when you have an itch to evaluate people. Evaluate only yourself and the degree to which you aspire to align with God.

I am going to talk to you more about love as the pages go by, because it is important that you understand the nature of love in relation to me, yourself and your appraisal of this world. But do not use the concept of love as another form of judgment. Simply be, be open or not, and allow everything else to be classed as “nature”.

 4 

I want to impress upon you the importance of giving up your preconceived notions of God. There is nothing wrong with having devoted yourself to a traditional concept of God up until now. But if you are not already a saint, then there is room for improvement in the way you perceive God.

God does not have a prescription for you except that which you choose to follow. There is no absolute decree about how you should live your life, or about how people should live their lives in general. If you have given your heart to God and opened your mind to God, then you are ripe for him to fill you with ideas about how to go about your daily life. But this is not a set of rules to live by. It is a pattern of moment-to-moment inspirations and you will not be able to summarise them by saying, “God is inspiring me to be good,” or “God is trying to teach me courage,” or anything of that sort. You will just have to follow the instructions one by one in order to be a true vessel of God.

This process of inspiration will include astral events as well as ideas about actions for you to perform on any day. God will feed you with a sequence of mood states and energetic inputs in order to influence your aura and to guide you into the situations he has in mind. If you are too haughty, he may temper your aura with more humility on an astral level. If you are too

reckless, he might give you the energetic gift of caution, over time. If you are too optimistic, he may give you the gift of uncertainty. These things are all calculated to suit your aura and to make you an even better vessel for the will of God.

If you suffer from depressed mood in spite of all your allegiance to God, do not despair. There may be some major renovations going on inside your soul which are making you feel off-centre and unworthy. If God wants to address a major structural imbalance in your personality, it is going to take some time and you are going to wake up often not really knowing yourself in the mornings, and not knowing how you really think or want to proceed. It is very possible that God is renovating your personality in the basement and you are troubled by all the hammering during the night. Give God some space to get his work done and carry on with your everyday ideas to the best of your ability, but also assume that you may gradually awaken into a new person as a result of this process.

If you are abhorred by the depressed mood which has overtaken you, you might try to sabotage the work that God is doing by cutting off your pipeline to God. If, for example, you start thinking harder about how to fix yourself, or you start blaming yourself for your depressed mood, you are trying to solve too much on your own. Instead, and as always, you need to show God your angst rather than trying to solve your mental problems on your own. Keep telling him, "I don't feel

good!” or “Something’s not right here!” Pour your complaints out to him and show him, minute by minute, how much pain and disorientation you are feeling. He will ultimately give you a better version of yourself and a better concept of yourself if you can stick with the program. We understand that it takes great courage to go through this overhaul.

Another possible reason for depressed mood is that you are not acknowledging other messages which God is trying to send to you. The secret to dealing with depression is not to diagnose it. You don’t need to know why it is there. You need always to show it. Show it to God. Open you valve completely and upload all your feelings to God. While you are doing that, be humble and listen for any ideas he gives you about how to proceed. These may be the clues which enable you to move forward.

This writer knows what it is like to experience long periods of depressed mood. To her, and as an example to other readers, I would like to take a moment here to explain her own phases of depression. Your depressions truly are a process of personal re-evaluation. You have struck times where God has had to come in and contradict all the ideas you have accumulated about yourself and your work. Until you grasp the true nature of your work on this planet, you will continue to experience these bouts of unhappiness and unfulfilment. It will take some time before you recognise your full nature, so don’t give up too soon.

You will have to let your self-concept fall apart completely so that you can see yourself anew. Focus always on the quality of your pipeline with God and forget about taking measurements about where you are in your happiness or in your life story.

Enough for now. You understand that you must surrender everything.

5

It is with great sobriety that I come to tell you the real nature of things. You doubt some of the things I say and yet you will not be able to turn your back on them forever if you are to understand the truth about how things work. There is no need for us to debate which one of us is right. I don't mind if you disbelieve what I say. The truth will be true no matter what. Go ahead and discover what is real, by whatever means you can.

Today's message, like many of my simple lessons, can be very confronting for those of you who have complicated ideas about love, generosity, charity and how to make the world a better place. I say that you do not need to worry nearly so much about the formula for God's way. The true path consists entirely of openness between your information and mine. The love of the universe is based entirely on the unfettered flow of information and that is all.

You wonder, how can information be the key to love? And peace? And fulfilment? And spiritual happiness? Think of it this way. I am full of wonderful energies which can improve the way you function and feel. You are full of information about what is happening in your physical world and about how you feel. So what happens if we have a free and open exchange of data between us? I learn about all of your needs, and you acquire my wonderful metaphysical data.

Think also of the relationship between two people. If two people are able to share accurately and openly all that they are experiencing physically and emotionally, there is a great deal of mutual problem solving and comfort. No one needs to exaggerate their needs. No one needs to be stoic about their needs. Just tell it, resonate with it, exactly how it is, and the ground will be fertile for the two of you to share your resources and boost each other's morale.

Restrictions to love arise when people restrict information. If you want to hoard material goods for yourself, you have to hide or protect them from other people. If you want other people to give you more than your fair share of praise, then you have to hide your faults. If you want to manipulate the emotions of those with whom you live, you show them some categories of emotions but not others. And so you go about, modifying what kind of data you present to the world and it is impossible to truly love you. Allow yourself to be an open book and people will see your needs and enjoy your honesty and humility. Love and generosity will flow towards you.

You also have to get used to a somewhat different concept of love than the one which is used on St Valentine's Day. The kind of love to which I refer is a love of acceptance, equality, assurance, stillness and sufficiency. It will not help to boost your ego, make you feel better than the next person, guarantee you wealth or happiness, or give you favouritism in times of

crisis. The love of which I speak is even-handed and thorough. If you understand that love consists of the open flow of information, then you can grasp just how un-egotistical it is. Love is a molecular level of sharing, without favouritism for boundaries.

You might wonder if this kind of love is as lovely as you desire. I tell you, if you ever get a chance to feel this love in full force, you will be amazed, awe-struck, and completely satisfied. The complete sharing of information is the vibration of which all elemental joy consists. It is creative, erring towards beauty, totally free of recrimination, and totally validating of every bit of information inside you. This thing which makes life heavy for you is the distortion of this process by the symbolic thoughts in your mind.

Your brain has the capacity to represent life as symbols, rather than just raw perceptions. Therefore your mind constructs models. There is an element of error between reality and your models. This distortion causes restrictions in the way you release and receive information, and so you are missing out on love. The more true the models in your mind, the better the flow of information, and the more love you perceive in the atmosphere around you. This is why I come to give you better models for your mind.

This is difficult to grasp initially, but after a while you will see that it makes absolute sense. As an experiment, try to give and receive information as accurately and openly as you can today. Answer

people's questions with full honesty and detail. Take the time to express yourself clearly without indulging in your models. Notice everything around you. Send plenty of information about yourself to me. You will notice the peace and clarity of being so transparent and connected to the data around you.

God bless you in your endeavours.



Not everything about God comes neatly packaged in the concepts of yesterday. You have to get used to the possibility that some facts about God have so far been totally undiscovered and not thought of. To be sure, there are some times when the human species has to accept a complete paradigm shift in the way they see things. This is the case in the matter of understanding God.

One of the areas that has not been properly conceptualised so far in discussions about God is the complete intimacy which you can have with God. Yes, there is some talk about particular individuals who have been able to hear the voice of God from time to time. But there are few people who truly believe that God can be commonplace in your mind all the time. Even those who believe in pervasive paranormal phenomena have trouble truly believing that they can have a real ongoing dialogue with God at all times. Even the woman who writes these words down for me is only exposing the tip of the iceberg. She hears me from time to time during the day, and can write whole pages from me when she sits down to it, but even she does not realise that I can be a constant companion in her thoughts all the time.

Onerous? No, not at all. My presence in your mind is as comfortable as being alongside a soulmate or friend. You are always free to shift your attention back and forth when you want to place your mind on various

things. You don't have to put up with me chattering away like a seven-year old extravert. I can simply be there like someone who is walking with you on a long hike, chipping in with my thoughts whenever relevant.

What does it feel like to have the mind of God inside your own mind all the time? You already have the experience of it to some extent. You already know what it is like to have various characters contributing to your thoughts, and to have various atmospheres come and go inside your head. To know me intimately is an extension of this normal situation. You might also feel a buzz and a sense of light with me inside you, but you will get used to these things when they are constant for you. You will have access to my inspiration at any time in your stream of thoughts, and you can engage in conversation with me, in depth, whenever you wish.

For many of you, there is a long way to go before you achieve this level of competence. The first hurdle for you to accept is that this kind of intimacy may be a possibility. The reason that this kind of intimacy is so rare is that people have not fully understood the process of how to get in touch with God. There has been much too much emphasis on being a good person first, as if you have to be on your best behaviour before you are invited to have a cup of tea with the headmaster. Instead, there should be an emphasis on just being bold with the headmaster. Just go and knock on his door. Show yourself to him. See

how happy he is that a child is interested in having a relationship with him just for the pleasure of it.

I see that you are all hesitant about showing yourselves to God. There has been way too much guilt attached to being a human. You cloak yourself with the expectation that God would not really be interested in you on a minute level. You assume God would not really want to connect with you the way you are. Or else you think that you wouldn't want God to see you until you have had a make-over and have a better chance of winning him over. Never mind all of that. I want to see you as you are now and get our relationship started.

The other issue which persistently dogs humans is that you cannot believe that God – a fundamental part of nature – would be so chatty. How can the same intelligence which runs through all animals and plants be capable of a constant stream of conversation and comfort in your head? It is not hard for me to be this way, from my point of view. I have always been made of ideas. I have always been full of concepts and my concepts have always flowed to the place where they are relevant. I have always been a kind of intelligence which, when in a human head, can be converted into language. Some of my thoughts are difficult to translate into your language, but your language has evolved to accommodate as much Godly intelligence as possible. Where do you think you get the basic juice which has powered the generation of your complex speech? You

have always been trying to put into words the ideas which I am putting into your heads, and so speech evolves. Other animals do not have a cortex which can accommodate such complexity in their brains, but you do. And so I am there in among your thoughts from the very beginning of human language, both in your lifetime as an individual, and throughout the lifetime of the human species.

Don't despair if my claims don't fit well with current scientific models. There is always going to be a gap between science and the way life truly is, because science is a gradual process of collecting data and building theories in provable steps. If science had already discovered everything, then it would know about the ribbon of intelligence which can be found in both plant and human inspiration. Science will get there eventually. In the meantime, my claims are a theory with which you can play. Open yourself entirely to internal freedom, and see if you and I can become closer.

7

Let us continue with the topic of the flow of information. You will have to get used to the idea that the flow of fundamental information is the key to all divinity inside human consciousness. You don't have to worry too much about how to organise the information because the information comes with its own way of organising itself. In the same way that you allow your computer to do an automatic update, you can allow your astral body to do an automatic update, and the information which comes to you will know how to organise itself inside your computer. It will know where to save itself and when to apply itself. Therefore you do not have to scan the information as it comes in, nor do you have to decide what to let in and what to keep out. Simply open your channel above your head and allow a full exchange with me. The information will know how to execute itself, because that is an intrinsic part of this type of information.

Where does this information come from? How is it encoded in physical terms? How can I see it or test it and know that this is really what is happening?

These questions are a little difficult to answer unless you realise that you are already participating in this kind of flow of information to some extent. You are already getting spontaneous thoughts inside your head. You are already sometimes holding an idea in contemplation in such a way that it passes upwards to

me. You are already getting dreams at night and other movements in your astral body which allow it to exchange some information with divinity.

The flow of divinity into human consciousness is always at work to some degree. You limit it by clamping up your aura, particularly at the top of your head. You also limit what can enter you if you have a lot of emotions which you are trying not to feel. All in all, you have a lot of scope to open much further to divine information, and then you will feel more precisely what it is like to be in the full stream of information.

How does this information work in physical terms? You already know that your body is made up of an amazing number of minute physical items and physiological processes. You only have to imagine that the scale of your make-up is extremely detailed and you can see that there is a lot of potential for your mind and body to be influenced by vibrational data. The type of vibration which enters you is difficult to describe with your current physics vocabulary, but you already know what it feels like to pick up someone else's mood, or to feel affected by a change in the weather, a ray of sunshine, ambient noise or different colours.

Likewise, I can get a lot of information into you in the form of wavelengths and vibrations, speaking in very rough terms. If you ever have a deep session of meditation and start to feel a bit of a buzz, or a remarkable kind of silence, then you know that there is

a different kind of “vibration” happening compared with usual. This is an example of the kind of way I can really make a difference to your inner experience.

All the information which I send to you is suited for you. You don't have to worry about opening yourself to unhealthy energies if you are talking about opening the top of your aura in innocence and humility. The unhealthy energies do not enter by this doorway. They are attracted to primal and corrupt ways of being and thinking. When you open yourself at the top, your primal and corrupt elements are more likely to depart than to invite other energies in for a party. The flow of the current is in the wrong direction for making things worse.

I will say more about dealing with primal and corrupt darkness at another time. In the meantime, I just want to assure you that the process of opening yourself above your head is a safe and advisable course for you to take. It will do you no harm. If nothing happens, you are welcome to shut your aura again and think about another approach. But I am confident that if you manage to really soften and open your aura at the top of your head, you are going to notice changes in your intuitiveness and your sense of having company in your soul. Do try it and see what you think.



I want to talk today about the significant guilt which all of you experience from time to time. Guilt is just as prevalent among the devoted as it is among those who have not adopted me at all. I am not offended if you take guilt upon yourself. You have every right to experience whatever opinions you like, but I want to advise you that guilt is simply an opinion. It is not a metaphysical state. It is not a spiritual barrier between you and God. Guilt is simply your opinion that you could have done better. I disagree with that.

You see, God understands the complete determinism of human personalities and human environments, and knows that your behaviours are so largely influenced by things which are beyond your control. Although you have the capacity to choose whether to tap inspiration or not, that is only a small part of how your behaviour turns out. For the most part, your behaviour is predicated by the circumstances into which you are born and the pressures you are under.

This is not to say that you can't aspire to anything better. You can aspire to better by opening your channel with God and being as attuned to his inspiration as possible. But this process takes time and in the meantime there will continue to be a lot of pressure on your behaviour from the circumstances around you. Therefore you should not feel that you are

personally responsible for the undesirable behaviours you have displayed.

When it comes to forgiving your fellow citizens, you need to take the same approach. Do not blame them for the natural ways of the entire species. It is not fair to hold an individual responsible for behaviours which are common throughout the species and, often, in other species as well. Do not expect one person to carry the blame for something which is bound to happen in human experience from time to time. Each person may aspire to be more angelic, but should not be held to account when this angelicisation is not complete.

I want to caution you against being judgmental even when people commit crimes. Fair enough, you have to contain some people to prevent damage to others, and you need to have a constant message of which behaviours are preferred in society so that society can run well. At the same time, however, do not pour scorn or derision on those people who fail to meet the desired standards. They have their reasons.

You must be gentle with yourself for all your bad habits and bad mental turns too. You are not responsible for the incidence of addiction, depression or craving throughout society. You may have an affliction and may seek inspiration to deal with it, but you are not guilty of causing it.

The incidence of guilt in the human mind runs very deep. It is totally attributable to a tradition of

blaming people for their actions, and it is possible to eradicate it if there are a few generations of people who realise that guilt is misplaced. Understand yourself, do not deny what you have done, but also do not blame yourself for the diversity of human behaviour. I am watching you with respect for everything you do, and you will be able to rise forward into a new confidence where your errors are noted but not borne with shame. Be brave and attempt a life without guilt.



You will almost never make any progress trying to get other people to accept the idea of God. Finding God is a bit like one of those puzzles where a ball is enclosed in a plastic case and has to get through a maze of plastic passages in order to fall into the destination hole. A person has to be shaken around a bit, tilted and tilted back again, until they stumble – internally – upon the idea of a real higher power. They have no real concept of God until they have had sufficient experience in life and – more importantly – sufficient experience in exploring their own inner awareness. The passage to God is convoluted and private. Yes you could break open the toy puzzle and put the little ball into the hole, but that is not the same result. The path of discovery, the twists and turns, are what make the destination meaningful. Without the journey, there is no point putting the ball into the hole.

The journey itself has a number of repercussions for the individual and I wouldn't want to see anyone go without their inner journey. Each journey has a different way of carving out the soul. The soul's story is essential in the final character of the individual, and has been pre-ordained in many ways so that a particular recipe of God can be lived out in the lives of human beings. If you are not allowed to wander around in particular ways, the diversity of my evolution will be thwarted. The full power of my mind

would not be able to be expressed. There has to be numerous distinct ways for the mind to operate, for the individual to wander, and for the puzzle to be resolved, or it wouldn't be natural. It wouldn't be God. And it wouldn't be right.

So you must be patient with your fellow humans. They are going to have to wander around until the puzzle resolves itself. The ball does not have to know what it is trying to find. That is irrelevant. What matters is that the puzzle has boundaries and the ball has opportunities. Put these two things together and eventually, sooner or later, the ball will drop into the hole. Especially because the person will try to shake things up a bit more when they get frustrated with life and their cravings for God start to kick in.

There is no need to worry about putting the boundaries on another person's journey. The boundaries are there already, by nature. Each person is limited to one body and one transition through life from birth onwards. Therefore, there is a limit to where a person's awareness resides and there are minimum conditions which the person will have to experience. These are the boundaries of the puzzle. If you put human awareness in one spot and then expose it to the vagaries of life – any life – then there is bound to be a form of questioning, at times resistance, at times creativity, and ultimately an attempt to resolve one's inner yearnings amidst the character of the outer world.

This is the basic form of the beginning of the search for God. The rest is history, so to speak.

Fear not. Your fellow atheists and agnostics are not going to ruin the spiritual climate for everyone with their so-called corruption and darkness. You are much too melodramatic, generally, when you judge the follies of those people who do not have a conscious relationship with God. They do indeed have inner workings which can be illuminated, more or less, at any one time, even if they are not consciously loyal to God. Furthermore, there are many people who are consciously devoted to God who are just as wayward and uninspired as those who do not know that there is one. You have to be more open-minded in recognising who is inspired and who is not. Rigid people can be found in all religions. Some very inspired and flexible people can be found in very atheistic moulds.

Therefore I caution you against taking a zealous attitude towards your fellow human beings. Do not attempt to set them straight. Lead only by the example of your own enlightenment in action and atmosphere. If you think this is not enough, then focus more on your own relationship with God. Don't try to make yourself a better advocate for God by trying to persuade others. This only weakens your own channel while making other people sceptical. The best thing you can do is lead by your own inner nature in communion with God and allow other people to make their assessments of what leads you on.

Go now with a clear conscience and a pure heart.

✎ 10 ✎

Of course you are deeply afraid as you go about your everyday business because you can't see what is ahead of you, nor even much of what is around you. You don't know how this universe operates and you are aware that there are many dangers in the world. As far as you know, you have to protect yourself against a great variety of threats and there is no limit to how much difficulty you may have to endure. This is your perspective and I fully appreciate the stress of your situation.

On the other hand, from my vantage point the situation is much easier for you than you can imagine. You only have one thread to follow through your life and, for the most part, this thread weaves between almost all of the dangers and threats which are around you. If you could see it, you would see your thread weaving like a snail's trail between the rocky places and mountains, finding a safe passage for most of the time.

There will be a small number of "disasters" for you to negotiate during your life, but these disasters are minimised and specific for your particular course. This is not to say that your life is totally pre-ordained, but simply to say that there is some conscious collaboration between my will and your future. You are going to have to deal with some things, but I will protect you from many other threats by guiding you with ideas and a good sense of timing. You will be able to dodge a

great many problems that are available in the community and you are going to be able to navigate safely through a great many other difficulties. All that remains to worry about are the handful of calamities which will actually cause you bodily or financial harm, or such harm to those immediately close to you.

Yes there are some real perils which you will have to face in your lifetime and you are generally not able to know what they are in advance. However I ask you to consider the following protections which will be available to you when you face one of your particular perils. Firstly, if you are willing to connect with me, you will receive a great deal of advice and spiritual comfort in your time of peril. Secondly, you will feel upheld and special during your time of peril, both by me and by those in this world who can sense that you need help. Thirdly, you will see rapid developments in your own character as a result of any time of peril. Fourthly, you will benefit later from your experience, which will result in you being more open-minded and also more knowledgeable. Finally, you will not regret the peril in the long term, because ultimately you will see that you have endured and that the capacity for pleasure will eventually return to you, even if it takes a long time to do so. In the end, the comfort clock has been re-set but you have come out of your experience as a greater and better person.

I do not design perils in order to improve you. This is the wrong way of looking at things, even though

I say that you will ultimately benefit from your perils. The truth is that nature is full of risks for you. I will guide you through a certain number of risks safely, but there will be some confrontations which I can't eliminate for you because the probability of a direct clash is too high. These are the perils which I leave to your experience, and are therefore in a sense "destined" because of their high probability and because of my failure to extract you from the problem.

I can see that nature has a character-building effect on you, but that's not why I designed nature to include risks and destruction. Nature incorporates risks and destruction because it is, by its very "nature" something which changes a lot, often over-writing what has gone before. This process of over-writing is what you would call danger – namely everything from the over-writing of one animal by another animal, or the over-writing of a landscape by a volcanic eruption, or the over-writing of a baby human by a severe virus. Nature is always erupting in complex and diverse ways. This is the basis of creation, and on-going creation, and it will always be so.

Do not blame yourself for your occasional susceptibility to disaster. As I have said, the perils which remain inevitable for you are those which even I cannot prevent for you, even if you have a clear channel to my intelligence. I will be there to comfort you and uphold you, and extract you into death if necessary, but I am ultimately responsible for not being able to rescue

you from all the vagaries of nature. You must endure some things as a result of being human.

Try not to be afraid. This is easy for me to say, but not so easy for you to imagine! What I mean is, please take heart from the fact that your perils are numbered. They are reduced to a minimum because of my efforts to whisper into your ear and to guide you away from unnecessary harm. Please also take heart from the fact that I will inject myself into you, as much as possible, when you need extra special help.

Know that, like a hero, you will have to face a few major problems. Know that you can do this without guilt, without blame, and with a creative eye. Know that you will receive the gift of a greater character afterwards. Know that eventually, one way or another, the trauma will fade from your soul. Know that I am always with you and always sorry for any suffering you experience. Know that your bad experiences will be limited in time and space. Know that when you fall asleep I will be with you. Know that I am always trying on your behalf. Know that somewhere inside you is an adventurous spirit which is glad to have an occasional challenge. Know that – when all is said and done – it is the story which is all important. Know that I delight in hearing your viewpoint throughout your difficulties, even if you want to accuse me and vent all your anger. Know that we are building this universe together and that your

participation in disaster is part of the evolution of
consciousness for all time to come.

I will be with you.

❧ 11 ❧

The freedom of fear is something that I want you all to contemplate. You have many freedoms because of the way your brain is designed. You are able to think a great many things which have not actually happened. Other animals have fear mechanisms too, but theirs are more deeply dependent on learning from the environment, including instinctual learning which has developed through the evolution of the animal in its natural habitat. For humans, though, there are a great many imagined dangers. Many of you who have never experienced hunger are afraid of what will happen if you lose all your money and can never afford food again. Many of you who have never experienced rape are afraid of rape, and so forth. If you were to line up all the potential dangers which humans can experience you would come up with the typical amount of fear which is in the modern human brain. It is very unfortunate that you have come to be afraid of everything which has ever happened on this planet.

Unfortunately there is little I can do to stop your imagination from roaming. The imagination is an intrinsic part of human intelligence and it is a good thing it is there. But it does have its disadvantages. Again, as I said in my previous letter, you must remember that the number of perils which you personally will experience is quite small. Those people who experience multiple major perils become

international stories, celebrated on the news. This is because it is rare to experience multiple major perils. Narrow your imagination, therefore, to the idea of having a small sprinkling of misfortunes during your life, and be ready to concentrate only on those.

Take out insurance for everything if you like, but you should regard your insurance policies as community insurance. You are paying a premium which will help protect anyone in the community who actually has to make a claim on that insurance. Don't take out the insurance on the grounds that you are worried about yourself. Take it out on the grounds that someone – probably not you – will need it, and therefore it is a good system to have. It is a charity, really, for those who have that particular kind of bad luck.



When I advise you that you will only have a few perils, of course you will naturally wonder which perils will be yours. As I said in my previous letter, the ones which befall you are those which have such a high probability of happening that I cannot steer you around them. Nevertheless, in spite of the high probability, it is usually not possible for you - from your vantage point - to predict which ones they are. Some very rare events can have a high probability of happening if you know all the small events which lead into causing the event. Some very common disasters might not be likely to occur to you personally, because of some other mitigating factors which you don't know about.

Therefore I caution you against trying to guess which perils you will face. You would have to know everything about your DNA, the world's climate, the people you might bump into, the detailed direction of the economy, and many more factors in order to have a chance of guessing what perils you will face. Even then, a small matter which is unknown to you could have the deciding effect on your fate, and you wouldn't be able to see it coming.

I don't want you to worry in advance about your handful of perils. There is one formula for dealing with this life and one formula alone. This formula applies for good days and bad days. Just open yourself always to my inspiration and act accordingly. Every guidance and intuition you need will come to you in this way, and it will be tailored for your particular situation on that particular day. When you are in crisis the excitement inside you is enough to widen our channel further, and you will receive even more guidance and comfort than usual. Wait and see. If you are truly open to God, you will find yourself steered and uplifted when you need it most. You might even find that you feel a little altered metaphysically because you are working so closely with God at that time.

I am not going to harp on about how to cope with emergencies and trials. You are just going to have to develop your channel with me and then see how things pan out. Suffice to say that I want you to give yourself a break from your imagination, knowing that

you will recognise your own peril when it arrives, and your intuition will kick into gear to the best of our combined abilities. Don't be afraid. Immerse yourself now in your channel for today. Get your inspiration for today and get immersed in today's agenda. Tomorrow we will deal with tomorrow.

 12 

Today I want to speak to all my devoted readers about their daily endeavours. Do not doubt that your actions are important. Do not doubt that I am witnessing your everyday deeds, if you will let me. You have nothing to worry about when it comes to the triviality of your everyday life. It is all sacred to me and I will watch and inspire you in every small thing, just the same way that I want to watch and inspire you in large matters.

I am concerned with detail as much as I am concerned with large events in this world. This is the nature of my intelligence and the way I operate. Everything is done on a minute scale as well as on a global scale. This is one of the defining characteristics of my nature. You may have learnt about the fractal patterns which occur in nature – where the rippling pattern of the coastline is always just as rippled no matter how small or large the scale on which you look at it. The branching structure of a tree is the same on a large scale and on a small scale. The shape of water is the same, whether large or small. Likewise, I am the same intelligence on every scale.

I follow the same principles for all scales of challenges and for all scales of humanity. On a cellular level I deal with you in the same way as on a whole-person level. Then again I am also dealing with you on a societal level with the same approach. It is always a

matter of witness, discern, inspire and energise. These things can be done on any level, from microscopic to global. Likewise my love is divisible in every direction and to every denominator. You will find that my love and intelligence is exactly the same in the atom as it is in your heart, and in the crust of the earth.

So now I am asking you to regard the little things in your life with the same philosophy as your big challenges. Notice things and throw your observations upwards to me, along with your feelings about this matter. Then I will see and give you appropriate guidance. The information about small things is just as important as the information about big things. Everything is indeed connected and the well-being of little situations feeds into the well-being of the larger system. Respect every little thing in your environment. Whatever you notice, feed to me.

At first it might seem an enormous task to pass all your observations and feelings up to me. If you are not used to doing so, it will seem like an imposition on your time because you have to deliberately stop and pass information to me. But when you are accustomed to it, you will realise that it takes no time at all. It is actually a matter of simply opening your aura while you are doing anything and everything. Then I can witness you all the time without you having to think about it. It is like having a permanent good internet connection uploading all your data, instead of the old days when

you used to have to deliberately dial-up, do your uploading and downloading, and then get off the line.

I'm not going to harass you about your daily life. To seek my guidance does not mean that you have to hear me bossing you around, interfering with everything you do. My guidance is simply the stream of good ideas which comes into your head and feels like your own. My guidance consists of the sense of seamlessness and rightness which penetrates your day, giving you the feeling that everything is flowing and everything is being well done. You would not necessarily be aware where the boundary is between your own intelligence and mine. In fact there never has been a boundary. You and I were always end-to-end in our creativity inside your head.

Don't be afraid of opening yourself completely to me, in every small matter. I will not turn you into a mindless zombie. You will retain your full awareness and sense of self. Simply, you will feel that you are working with a greater intelligence. Sometimes you will even hear words – clear words – in your brain and you will know that I am giving you verbal guidance as well. You can enjoy these words as proof that I am neither in control of you nor just a part of your mortal imagination. I am an agent who adds to the potential of your own mind, and I will befriend you internally while inspiring you seamlessly. Please practice your openness to me and enjoy!

❧ 13 ❧

There is no reason for anyone to think that their spiritual journey belongs solely to them. There is no need to talk about “my spiritual growth” or “my degree of enlightenment”. You are all moving collectively and that is the only way it can be, given the contagiousness of inner states and the way that one person’s growth will affect the growth of those around him or her.

You must give away all notions that you can attain a level of spiritual enlightenment which is yours to keep. Instead, think that you are attaining a level of spiritual enlightenment which is yours to give away. Indeed, this might help you to understand why your rate of spiritual development always seems to be slower than you expect. You think you have made some huge gains and then you find that you have not much to show for it after all. Trying to hold onto your spiritual growth for yourself is like trying to hold onto sand without a bucket. Your growth keeps going into the collective purse.

Do not despair. This does not mean that your efforts are wasted. Your channel becomes open in the process so that you become better and better at drawing inspiration into your life. But the benefit of that inspiration is always for the moment. You cannot keep it. You have to seek inspiration again in the next moment and the next, whatever new challenge presents itself.

There is no overriding growth in your spiritual status or spiritual enlightenment as you go, except that which you are able to draw into the moment. Then what you have achieved in the moment is automatically gone into the entire field, and shared among everyone who is there, so you cannot keep it even as a keepsake of that particular inspired experience.

I know that this sounds a little harsh to all of you who want to have some kind of ongoing reward for your efforts. I say again that the reward is there, in your immediate channel. You have dug a tunnel to the divine and the tunnel grows bigger and bigger each time you drag bags of goodness through it and give them away. But you never get to keep the bags. Tomorrow you will have to ask for more bags, and the day after that, and the day after that. Always keep using the channel. You have made it and you will become known there. But never stop using it and just try to keep the bags. It doesn't work that way. That is how you will stagnate.

It is a very different model to the model you have been taught. All kinds of school teachers, religious teachers and parents try to teach you to build your character into something you can keep and by which you may be distinguished. This model is inherently unfair, because the only way you can measure your progress is by comparing your character to those of others, many of whom started life with circumstances which were more difficult than yours – and all of whom

started life with circumstances which were at least *different* to yours.

The other problem with this model is that by trying to develop a particular good character, you will have fallen into the trap of adopting a particular formula or habit to build your goodness, and this formula is likely to get in the way of immediate fluidity and the capacity to draw down inspiration in the moment. Whatever model or character you are attached to will tend to interfere with the immediacy of enlightenment, no matter how lovely that model or character sounds. If you have a “go-to” way of being, then you are not always thinking in the present, opening yourself fulsomely to divinity in the moment. It is best not to have any kind of fall-back position for your personality. Just fall open. All the time.

That is of course not something which comes naturally to you these days. Children do it, and animals do it to a large extent, before they too become trained into a particular environment. You can learn to do it again, and you will find it rewarding. You will feel like your brain is open all the time and at first that will feel a little unsafe to you. You are accustomed to using mental patterns as a way to make yourself feel safe and having something familiar to think about. Constant openness to God makes you feel very exposed.

The trick is to realise that you are entirely safe when you are entirely exposed to God. Then you no longer need your mental crutches. You will be able to

advance in this way. I am entirely sure of it. That is how you were made to be in the long run.

Just give away your idea of personal progress for the time being. Contemplate the possibility that spiritual growth is not about being on a path of development. It is about this moment only. It is true that practice will make it easier, and in that sense there is development over time. But the only thing that should be practiced is the habit of having no preconceptions. For a painter, it would be like practicing staring at a blank canvas waiting for the picture to come, rather than practicing painting other pictures. You can see how this might produce an amazing result. With each picture, the artist will naturally become more skilled at executing the picture, but he or she can never become better at anticipating what will come.

Take heart. I will talk about these ideas again so that you will become more familiar with them.

☯ 14 ☯

Once you unbutton the idea that your spiritual growth is not about you as an individual, there are many lessons which fall into place without further ado. You realise that my teachings come from just a very small number of simple truths. When you have grasped those few truths, everything else is easy. The difficult part is not the lesson themselves, but achieving the kind of inner state where you are willing to accept the raw truth as being possible. Until you are already developing your inner state, you won't even realise that the truth is possible. It will run straight through your ears or past your eyes without you recognising it. It will just seem like noise or random patterns until you are ready to accept that it is a real idea.

So the big idea which you must eventually accept is that your spiritual path is not distinct from the path of anyone else. You might be capable of harbouring an idea before your neighbour, but only because a certain amount of truth has already flowed into you from your environment and your heritage. It is not for you to take credit for your level of understanding. You have one choice and one choice only – and that is whether to aspire to openness with God or not, but even that is somewhat predicated on your biological and social history. After you have made your choice, your rate of development is also determined by biological and social factors. There is very little to

take pride in, if at all. The key to your enlightenment is basically out of your hands, and you will have to wait to be caught up in your return to God.

This is a very hard lesson to learn because you are impatient to be out of the painful loops which have dogged you for so long. And yet I reassure you that you are on the path, and you will become closer to God through all your efforts. How can all of these things be true? Both sides of the coin are true – you are being swept up, and because you are being swept up, then you are on a path of conscious development. I am speaking to you because you are reading this. My words are not going to reach the ears of anyone who is not yet being swept up.

Some of you are in the process of being swept up and you are frustrated with the speed of your development. You want more assurances and more growth. You want to get away from all of your pains and mortality. You will receive the lessons you need and at a suitable pace. Your impatience is purely biological. There is no answer for it except to wait and see.

I can't change the laws in order to appease your sense of soul-searcher justice. You want to be congratulated and rewarded for your efforts to speed up your spiritual development, but I can't arrange that. Children feel proud of their first efforts on the toilet, but it is not something to be congratulated for indefinitely. It is just natural to master some toilet

habits, and you don't deserve a song and dance every time you perform.

I'm not deliberately being a disillusionist. I can't help it if you had other ideas about how spiritual growth works. You wanted each person to be able to take personal credit or blame for their closeness to God, but that was always a wrong idea, promoted by people who wanted to make a hobby or an institution out of godliness. Godliness is a quality akin to biological ageing. It will come eventually without being chased. If you had believed that old age was something you could develop intentionally, you would have the same problem when I tell you not to take credit for it.

Every soul goes through a stage where it starts to feel the pull towards my consciousness and it becomes flooded with philosophical questioning and emotional upheaval. The awakening happens. It is not for everyone at the same time. It is predictable from here, but almost never predictable from where you are. Once the awakening begins, there is a somewhat predictable path of soul-searching, reading, looking for teachers and wanting to reconnect with nature. That is your classic seeker scenario. That is where the book-sales are made. It is a niche market and it is limited.

For the population as a whole, there is still a gradual drift in consciousness, but it is only some people who crest the wave at any one time. I will skim the top from the wave and allow the rest to keep on mixing in the ocean until it is their turn to rise. Do not

be frustrated with the majority who are not soul-searching at this stage. Their turn will come.

As for you, you who have already opened towards the divine and are trying to get closer, you must learn to open to me afresh every day. This is the only way you can know what I intend for you for the rest of your life. Now that you have made your journey towards me, it is time for you to depend on me entirely for your instructions and see where it will lead.

✎ 15 ✎

Dearly beloveds, there is not much I can do to soften the blow when my teachings do not match what you are expecting to hear. I know that you would like to think that you have complete choice over your spiritual development and you can take credit for how far you have evolved. But now I am telling you that your spiritual development is predictable from the fact that you were born human. Sooner or later you were destined to draw closer to God. At that time, you feel as if you are making a choice to become closer to God. Therefore, I would call this predestined process “The Choosing”.

When you have reached The Choosing, it is time for you to seek a deeper relationship with God. It is time for you to seek teachers and literature to help you refine your ideas. It is time for you to seek the company of people who have also achieved The Choosing. This is all part of the natural process, the “puberty” of entering a closer relationship with God.

After The Choosing there is a period in which you search for ideas which meet your new needs. You will struggle to find ways of being and ways of thinking which satisfy your hunger for spiritual development. At this time you may become disillusioned repeatedly when you realise that approaching God is not as easy as you thought. Your efforts are not always rewarded. You are not privy to miracles. You are not hearing the voice

of God consistently, though you may have had a small number of mystical experiences of your own. It is quite likely at this stage that you will adopt a spiritual philosophy – a set of ideas upon which your mind and behaviour can rest, in the absence of any greater clarity about how to get closer to God. You may spend a lot of time and effort practicing your spiritual philosophy in order to capture the fresh feeling which came to you during the choosing. You may become an expert in this philosophy and try to teach it to others, hoping that you will all progress.

In the meantime, what is really happening is that your soul is gradually preparing for the next stage, which is the stage of mysticism. There may be a long wait between The Choosing and the stage of mysticism. It depends entirely on what kind of spirit you are (from before you were born) and the kind of astral climate in which you are living. Again it is not something over which you can take control in the present. You must wait until everything is ready for your mystical life to begin. It may take more than one lifetime. You will have to wait and see.

What is supposed to give you comfort in this time between The Choosing and the stage of mysticism? What is supposed to support and feed your faith? What are you supposed to be like? What are you supposed to teach other people about God while you are in this hiatus?

These questions all make sense to you, but they don't make any sense to me, because I don't think there is any prescription for how you are supposed to be. As always, if you are open to God, you will receive your inspiration each day as you go, and this is all you need. You don't need to attach yourself to a position or philosophy and make your nest in it. Just continue with life as it is. Don't over-think it, as they say.

Some of you have a deep emotional need to belong to some kind of philosophy. Before The Choosing, after The Choosing, or even just when you are deciding which chewing gum to buy, you are searching for philosophical reasons and answers. It is time to recognise that this is an emotional need and not a real statement about what the world needs from you. You are drawn towards philosophy because it makes you feel safe. You have trouble making decisions without it. You feel insecure if you don't have an opinion or a mental formula to guide you. In the spirit of transparency, you should allow yourself to sink into this vulnerability and allow it to be seen by yourself and by God. It needs some healing.

What are you going to do with your vast brain if you are not engaging in philosophy? Take a look at those who are engaged in manual creativity. There is plenty for you to do. Don't waste your energy on mental work which doesn't need to be done. Get out there and do what appeals to you on a creative level and

see how your lifestyle evolves without philosophy. It is very refreshing.

That is all I will trouble you with in this lesson!

☯ 16 ☯

If you really want to understand how I think, you must realise that there are some fundamental differences between your mind and mine. We have a lot in common in the way our feelings work, what we value, and what we desire, but we also have some major differences which will always set your mentality apart from mine.

Your mentality is concerned with a finite life. You have pressure to achieve certain things in order to stay alive physically. Therefore your brain makes it a priority to deal with various finite issues and to apply a lot of pressure to you to deal with these matters. You are ultimately pre-occupied with surviving – finding food, rest, freedom from pain, and being concerned about your own safety during social encounters.

From my point of view, these things are not priorities. I see your body as disposable and your mind as dispensable. But there is nothing I can do to convince your brain of this fact. You might be able to emulate the way I think to some degree, but it will only take a small crisis to get your brain thinking in finite ways again, at least until the crisis has passed. If you always have pressing biological issues, such as pain, it will be difficult for you to ever really think like the gods.

This is all to be expected. There is nothing wrong with having a finite way of thinking and prioritising your world except that, deep inside, you are

aspiring to something else. You wish you could get rid of your earthly priorities and get rid of your mind. That is why, when all is safe, it is a good idea for you to relax and let your mind be still, free of its normal worries. But when it is time to work again, I would expect you to go back to earthly priorities.

And so, logically, I would recommend to you that you have a balance in your daily life – a time to be finite and a time to be infinite, loosely speaking. Allow yourself most of the day for dealing with your daily stresses and the things which concern the mind and body. But also allow yourself a fraction of every day to relax, to be free from such stress, and to emulate my way of thinking for a little.



Don't take either way too far. Don't try to emulate me all the time, and don't try to work on your finite goals all the time either. It is important that you have a daily mix. It is important that you have a safe time when you have done your best to clear the decks of all risks and demands, and can relax. But it is also important that you allow yourself to deal with the competitions of life for part of the day too. If you deny either of these you will cause anxiety. It is well understood that people become anxious if they are concerned with biological demands all the time. I want to make it clear that alternatively people can become anxious if they don't spend enough time dealing with their biological concerns. Don't try and "unworry"

yourself about things which would be good to deal with and get done.

You can now see that the different parts of the human psyche can all come into play in this work-relaxation cycle. You have a warrior side of yourself which is best suited to tackling challenges and getting things done, dealing with obstructive people and putting your needs forward. Then you also have an esoteric side which is good at seeing beyond the moment, thinking in generous and transcendent ways, and aligning itself more with me.

Allow both sides of yourself to have a turn. There is no point trying to be a saint all day. It will just exhaust your body which has a need to concern itself with physical goals in order to keep anxiety at bay. Go ahead and acquire some material security in order to appease your biological fears. Then in your spiritual time of the day, seek inspiration for how you can go about your life in a generous and fulfilling way.

Good luck with that!

 17 

I know it is a shock for many of you to realise that you may have been “over-doing” your spiritual development by thinking that you can accelerate yourself to your stage of mysticism, and by thinking that it is good to think like me all day long. But I am going to appear contrary again by saying there is nothing wrong with the way you have been going about things. You have not been over-doing things. You have been completely natural and you have been yourself. You have, as nature ordained, been trying things out, throwing yourself into things, trying to solve the problem of spirituality with the warrior-like attitude that was meant for solving biological problems. Everything which you have done in an attempt to further your spiritual path has been totally understandable, predictable and inevitable.

But having done that, now you are lucky enough to experience a time of refinement in your attitudes. You are ready to hear about another way of approaching things. Because of your prior experience in trying to accelerate your spiritual growth, you are ready to hear this lesson and ready to absorb it.

My lesson to you today is to spare your spiritual part of your day from the fanaticism which is meant for solving finite problems. Your spiritual growth is a very gentle, gradual process controlled by factors which are not under your conscious control. You must just relax

and let it be. If you want to get fanatical about something, get fanatical about the physical problems of this world. Then, for part of each day, relax and allow your spirit to unfold in its own time.

For those of you who thought you were on a path of spiritual teaching, you may still be right. It may still be a practical issue for you to work out how to be an effective spiritual teacher as a profession in this world. But you will only do this if you are explicitly called. You will only do this if the population raises you up into a position of spiritual leadership. You will only do this if doors open up to you and beckon you to teach what you know about spirituality.

If you do not have a natural audience, natural opportunities, or an explicit calling or gift, then give up your quest to be a spiritual teacher. Perhaps you were simply converting your sense of finite struggle into the sphere of your spiritual development, turning your spiritual growth into work when it should be purely a matter of pleasure.

For those of you who still suspect that you may have a God-given mission to be a spiritual teacher, consider this. Do you have what it takes? Have you been given the means to do it? Do you have a clear message? Do you have a clear channel? Are you making progress in your own spiritual life all the time? If you can answer yes to all of these, then you may well be destined to work as a spiritual teacher. You will get more confirmation from me if this is true.

I wish you well in all your endeavours. There is not one profession which is more virtuous or God-given than another. Yes, there are some people who are chosen to be spiritual teachers but they are no more important than garbage-collectors or waiters or lawyers or bankers. You all have roles to fill and everyone is needed. The body cannot function properly without all of its parts.

Don't despair if you realise that you have been too gung-ho about your quest for spiritual development. Never blame yourself for the things you have tried. It made good sense to try them, and it is your experiments which allow you to move forward with wisdom into new and better methods. By this method of trial and error, a child learns to walk. Don't be hard on yourself for being unable to see the truth before now. You were unable to see it because you had not really tasted it for yourself. If you can taste the truth now, then you are ready to move into it. If it still doesn't seem right to you, then you must continue with your trial and error until you know for sure.

You will learn sooner or later.

✎ 18 ✎

You are getting very close to understanding the proper order of things. Once you have accepted the inevitability of your conversion toward God, a lot of things fall into place. You no longer look upon the unconverted as weak or corrupt. You realise that you just happened to reach your conversion before they did and you realise that you have some responsibility to help hold these other people in an enlightened atmosphere because they have not yet had the good fortune to have their own conversion experience. You understand that they, too, in the right time, will come towards God and when they do so, it is people like yourself who will be available to nourish their hunger for truth. This is the natural osmosis that happens in the consciousness of humans. There is always a minority who lead the way and provide nourishment for the masses as they gradually turn.

There is enough doomsday propaganda in the world already and I don't want to be part of it. I'm not going to moan about the number of people who remain ignorant and selfish. Truly it does nothing for me to hear how inadequate are the children of my own creation. I am the one who is responsible for the nature of human beings, including the inertia that comes before a person finally stirs and approaches God. I created inertia and I will not complain about it to anyone.

If you hear doomsday messages and complaints about the weakness of the human species, please take these messages with a grain of salt. These messages come from a place of frustration, greed and impatience. They indicate that the observer has not fully grasped the pace of human development, has not grasped the nature of diversity which is a necessary part of progress, and has not grasped that there is no other way possible. There will always be diversity among people in their “virtue”, if that’s what people insist on calling it, and there will always be some kind of gradient from the strong to the weak, the converted to the unconverted, and from truth to ignorance. This is how growth happens. There is a current across people of different qualities, from one pole to the other, and this current is what causes mentalities to show themselves, mix and evolve. If there was no current, there would be no drive to express your own ideas, and your minds would stay like timid wombats in burrows, having no need to extend, express, or compete for the truth.

I will not say that the model for creation is perfect. It works as a system for driving consciousness forward but it is regrettable in some ways. I regret that it causes so much pain to the inner awareness of the human being. If I could re-create in a different fashion, I would do so. But this is the way the story has evolved. My only assurance to you is that there are other levels on which your pain may be forgotten – sometimes now, and ultimately in the end.

I am not beyond criticism. I think it is fair that some people rant against God, are angry with God and refuse to believe in God because of their disappointment with the world. They would not like to think that a world as painful as this could be consciously intended. I see their point and I accept their complaint as valid. But it is simply not possible for me to remove my existence just because people don't like the way things are – the combination of an intentional God and a painful form of existence. This is how it is, and - much as I would like to apologise - I cannot change this combination now.

You must learn to accept the nature of things. It is not so hard when you have had some practice at seeing the world in the way I describe. Give yourself an opportunity to try out my ideas and see if they make sense of the world. See if they are more palatable over time than alternative philosophies. Ultimately it is up to you whether to accept or reject my ideas.

❧ 19 ❧

I don't want to alarm you but I would like to tell you a number of ways in which society could develop to better embrace the truth. The whole idea of blame and personal responsibility has to go in favour of greater acceptance of natural diversity and natural weaknesses. At the same time, there should be recognition that it is possible to improve the way society functions by increasing access by individuals to the thread of divine inspiration. Individuals may choose, when they are ready, to open their channel to the divine and this will help to bring greater inspiration into all kinds of work and organisation.

I tell you these things because there are so many people who are becoming ready. When they are ready to approach God, I want them to have the best quality information available to them about how the spirit world works, and how they may best approach God. Their progress is limited by the teachings that are available to them and to the general philosophical climate of the times. If those who are already ready can refine their philosophy towards the truth, they will help those who approach conversion to learn quickly when they convert. The whole process is eased. This is all done by natural progression, not by exhorting anybody to do better or take more responsibility than that which comes naturally.

As you get used to the concept of the natural progression of ideas, you will realise that there is a marriage between the availability of good ideas and the readiness for ideas, and this marriage cannot be undone. The two will gravitate towards each other and serve each other, and push the evolution of consciousness forward. You cannot push one without the other. It will take time for understanding to move forward, but it will happen steadily.

There has never been a real collapse in wisdom at any stage of civilisation. There have been some rumours that whole societies have become evil or corrupt at some stage but this is not really true. There has always been the same proportion of seekers and a gradual evolution in ideas. At some times the magnitude of other perils seems to have gotten the upper hand, but there is never a lasting degeneration in the human condition. There is always a sustained body of goodness and an ongoing thirst for progression towards God.

You don't have to worry about pushing society any faster than its natural spiritual evolution. It is not possible. Many spiritual teachers use a language of urgency, but this merely reflects the zeal that comes with their desire for closeness with God, and it matches with the urgent readiness which many people feel when they convert towards seeking God. The language of urgency makes sense when the tide is turning for a particular individual, and it will fall well on the ears of

people who are suddenly ready for a new way of thinking.

But the language of urgency does not make sense for the population as a whole. Population progress is steady and limited. You will have to wait and see if the population evolves fast enough to avert moral catastrophe. The idea that moral catastrophe awaits the population if it doesn't change fast enough has always been a hypothesis and nothing more.

You don't have a leg to stand on if you want to argue that human morality has generally declined and people have become darker and more evil. I challenge this idea to the core. It is very easy for someone to look at part of the whole picture and see nothing but darkness or nothing but degeneration. But I urge you to look at the whole picture, with as little bias as possible, and see that there is always a proportion of light, a proportion of people who are transitioning into closeness towards God. This process is always there. You must steady yourself and stop taunting yourself or other people with the idea that humans are doomed.

I don't have enough time to re-create all of history here to prove my point. There is not enough time to give you the data from all eons of previous human experience. If you could analyse it, you would see that I am right. Perhaps it will help to steady your nerves if you realise how easily people see what they are afraid of seeing, and you can assume that all predictions for the future are coloured in this way.

For now, I want you to be brave and take heart that the spiritual evolution of humankind is progressing like a machine and always will do. There are a great many parts to the machine, but the overall formula is always the same. There are a proportion of seekers. There is a flow of ideas down to the seekers to urge them forward. There is an osmosis of ideas from seekers to those who are not yet ready to seek. There is, over time, an increase in the quality of ideas that may be absorbed by the seekers. Therefore, the agents of God continue to urge and feed the seekers with more and more inspiring truths as if there is some kind of race. But there is no race. There is just the continual turning of the wheel so that humanity continues to turn its face towards God, and the converted face becomes ever wiser.

20

In your journey towards the divine godhead, there are a number of things for you to bear in mind, but the most important of these is to remain open and inspired. You can fill your head with philosophies and ideas about how to frame your thoughts and behaviours, but the most important thing of all is to be crystal clear and open to the word of God at any one time.

There is nothing more beautiful than to be a clear agent of God's whispers. You can inspire everyone as you go and have a great deal of impact on people's lives, giving them joy and good ideas. You can also navigate through your own work and health better if you have access to God's intuition as you go.



All of this is far more important than trying to be nice, thoughtful and clever on your own. The fluidity of the spirit is paramount in allowing the love of God to reverberate through all things. You will feel it in yourself if you allow yourself to be transparent and open to the will of God.

I tell you things about the nature of spiritual evolution and ways in which the human character develops when it is close to God, but I tell you these things only to satisfy your curiosity, not because you need to know them. You need to know nothing except openness in order to be fully close to God. You do not need all this other elaborate knowledge or lessons about

the cosmos. This is what you can say to reassure all other people who want to come to God. They do not need any philosophy. They just need openness and fluidity in their dealings with the spirit.

Everyone who comes to me will find the teachings that they need if they can open themselves as a channel in their own right. They only need to find their own transparency and inspiration and they will find all parts of philosophy that are relevant to them. They do not need to become experts on any kind of knowledge. What they need is their own relevant stream of inspiration.

Do not be surprised if people are not interested in general spiritual philosophy. Of course they would rather hear what is important to their own ears. Do not be afraid of channelling for individuals. It is just as important as channelling a general truth. Your path forward in this matter is clear. Stay open, stay inspired, use your own channel and it will become more proficient and can be used however God sees fit at any moment.

 21 

I have covered a few topics in this book so far, and it might seem that I am ambling about, not tying things together as neatly as you would like. You have to realise that the truth is not a linear argument that starts at point A and ends at point B. The truth is a state of affairs which can be explained from various different angles. There is no one right place to begin and no one right place to end. You can swirl around among all the different ways of looking at the truth and feel a little disorientated at the end, when your mind is trying to put all the facts together. In fact, the truth is there in the middle of all those ideas, like a ghostly presence which has been suggested by all of its symptoms and yet it cannot be seen exactly for what it is. Take a moment sometimes to see if you can detect, with your inner eye, the presence instead of all the bits of evidence.

To summarise your position is simple. It is to be open, to remain transparent to God, to remain innocent in your view of the world and all its people, and to allow spiritual evolution to take its natural course. You don't need to be any wiser than that.

If you want to provide social commentary, then it is worth taking the time to think about how this truth translates into various worldly issues. But that is only worth doing if it is your calling to take part in social commentary.

The simpler your philosophy the better. Make sure that you allow yourself to be open and transparent. If your life is complicated and highly materialistic, it is harder to find the relaxation and natural spaces which encourage the soul to open. The high-paced, manufactured world can make it hard work and unnatural for you to open yourself to God. A simple natural life makes it easy to open to God. It is wonderful when people can open to God simply because they are happy and relaxed. They do not even realise what they are doing.

When people are stressed and complicated, often it seems to take a complicated philosophy to get them back to the simple act of opening up. So many stressors of the mind and body have to be cancelled out to get a person to sit still and be open and be willing to be free of their own thoughts and burdens long enough to experience their own channel with God. A complicated life calls for a complicated system of undoing.

More than anything, I wish for people to give up their pride and angst about whether they have a relationship with God. It is such a natural thing to be close to me and it needs no prior concepts or theory. Children do it. Those of feeble mind can do it. All can do it without a highbrow understanding of spiritual literature or mystical history.

Keep it as simple as you can, not only for yourself, but for others. Be confident that other people

can catch their inspiration from you. They can catch the tendency to be open and transparent. They can relax and be at peace if their environment is so inclined, and they can be accidentally close to God without ever knowing they are choosing a Godly life. This is all I ask. I do not need the flattery of people throwing themselves upon my name and kissing the symbols of any church.

Give every spare drive of yours to the pursuit of inspiration – either by directly opening yourself to inspiration or, when you seem stuck in this pursuit, by pursuing peace, stillness, happiness, humour and relaxation, which will each help you to open at a later stage.

The catch-cry of the modern-day monk should be this – “Have fun, inspired, and find God by chance.”

22

Let me paint a new picture of what life is like if you adopt the new, simpler message about Godliness which I have presented in this book.

Firstly, your life will be a balance between meeting the mortal, material needs of your body and finding time to unwind, open up to inspiration and practice your transparency to God.

You will not find any need to preach my message to other people. You will naturally spread godliness because your openness and inspiration will be contagious. You will naturally help other people to feel love, to relax and to laugh. All of these things will help them to open up and experience inspiration as well.

You will never need to perform any particular religious practice, but you are very welcome to do so. You might find that there are some religious practices (or other community practices) which are very useful in helping you to relax, open up and be transparent to God. In this case, these practices are very well worthwhile.

You will not fret about the rate of spiritual evolution. You will not need to judge other people as being spiritually weak or corrupt. You understand that everyone reaches a point eventually when they are ready to “choose” godliness. People like yourself who are already on a conscious godly path will then be available

to answer their questions and provide the inspiration that the newly converted are seeking.

If someone is not ready to seek God consciously there is nothing you can do to convert them except that which you should do as part of your own path – continue to be open, inspired and transparent, and see what that does for your fellow human being.

You will not fret about the course of your life. You will understand that every moment of your life needs to be taken to God afresh. Every new day calls for inspiration. You cannot stock up on wisdom and character in advance in the hope that these things will get you through the tough times. You will make it a habit to keep opening to God whenever you are troubled, rather than calling upon your memories and rules about how to cope.

You will gradually simplify your life because of your desire to be able to open up easily every day. With inspiration as your top priority, you will tend to choose a lifestyle which makes it easier for you to relax, have time for stillness and find inspiration. Closeness to nature, a peaceful setting and a simple family routine may help.

You will not fret about your own spiritual development. You will not fret about your character weaknesses or about what you could have done better. You know that the secret lies in ongoing communication with the divine, not in what you are or what you have done. Every moment is fresh and fluid.

You will tell God about all your worries. This is an essential part of being transparent. Be aware of all your heartaches and bodily pains and send the information upwards. This free flow of information is part of your new understanding of what it means to be loved and to receive love.

You will understand that there is always a bigger picture. You are part of an enormous creative whole. There is an exquisite creative intelligence running through all reality. You can tap into this through your own channel with God. Likewise, everything everywhere is tapping into it and being shaped by it. There is a collective creative good which is causing the continual evolution of consciousness. This is true in spite of a proportion of darkness being visible.

You will not be fooled by darkness. You know that darkness consists of false ideas or misplaced energies. Inspiration from God can correct these ideas and re-align these energies. Some darkness is inevitable amid the diversity which is part of the creative distribution, but it is always temporary and can be re-organised into something else as time goes by. If darkness claims that it has the upper hand, that it can hurt you or control you, don't believe it. Much of the power of darkness exists only in the ideas it has. These ideas have no power if they are not believed.

Focus always on your own inner light instead of being distracted by the potential troubles in the world around you. Follow your exact path, inspired by God,

and do not fret about what others should be doing. If each person follows their own instructions, life will be the best it can be. You can do nothing better than this.

23

For those of you who are actively, consciously following a spiritual path, there are many of you who are also engaged in teaching God's message and trying to help others to understand spiritual philosophy. You might be alarmed that I have said other people do not need philosophical teaching unless they are at that moment of conversion and I inspire them to seek it from you. I have said that it is just as easy for you to spread godliness through your inner states of openness and inspiration than through any kind of teaching. This is true.

But many of you are teaching spiritual philosophy because you have been called by me to do so. You have felt the inspiration coming from me to teach. Then this is what you should do. You should always do what you are directly inspired to do, rather than what is said to apply to the population as a whole. You should not expect other converts to take up spiritual teaching just because they have the knowledge. They might have the knowledge to teach, but they should not teach unless they also have the inspiration.

If you have both the knowledge and inspiration to be a spiritual teacher, then you are not just passing on spiritual knowledge when you teach. You are teaching in a state of inspiration and therefore you are also affecting people in nonverbal ways too. You are showing them your channel through your very nature as

you talk. This will affect people at least as much as the message you have put into words.

Basically if you are inspired to teach, then you are some kind of channel for wisdom. A channel works both by presenting inspired information and by giving people a window into the place where your channel joins the godhead. Thus you find that the people next to you feel the power of the presence when you channel. They will take this experience away and keep it in their hearts.

So do not give up your interest in spiritual teaching unless you feel that you are not inspired to teach. If you feel that the inspiration of God is driving you to teach, then you must do it. Open yourself entirely to God when you teach, allowing yourself to bring fresh inspiration and great presences that other people may witness.

What is there to teach when I have already told you that my message can be transferred to other people through states rather than words? How are you to explain God to people when I am also telling you that the image of God can be revised into something more practical, and people don't even have to realise they are talking about God? How are you supposed to be a zealous, inspired teacher when there is nothing more to add except a message of openness?

The answer to this will depend on your own fluid connection with God. There is no set formula about what to teach if you are a spiritual teacher. This

is where I depart from the spiritual teaching tradition of some religious personnel. If they are cranking out the same sermons time after time, they are missing the point. The art to being a spiritual teacher is to bring down your teaching fresh every time. If you are a spokesperson for God, you can never really prepare your formula in advance. You must always go with the flow, and I will adjust your message according to who will be in your audience and what are the needs of the day.

Therefore you cannot sit down and clarify your message. Your message will always be organic. You must allow yourself to move from topic to topic as I direct. You will never have just one theme which is to be churned out over and over, and to make a name for yourself with your theme. Remember, you are to be the ghost which can only be seen by the evidence that it leaves around. You will scatter a lot of evidence. It is up to people to infer the presence of the ghost.

Go with the confidence that you do not need to be attached to a particular line of teaching. Each time you sit down to write a speech, article, ceremony or poem, do so anew without any preconception about what people “need to hear”.

This is my way.

24

The next step, after you have grasped the simplicity of your spiritual growth on earth, is to understand the broader picture of your spiritual development as a timeless being. You have heard many theories about how human spirits are born well before they are incarnate on earth, and how you might be recycled through many human lifetimes. Some of these stories contain a kind of truth, but I would like to broaden your mind to other possibilities which, ultimately, will seem more realistic to you after you have had time to absorb them.

The human spirit is born well in advance of its material conception and yet it is born entirely with the material conception in mind. The one does not exist without the other. You are not a free agent who floats around until you have an idea to incarnate with a particular set of parents. Rather, the recipe for your incarnation is already laid down inside you from the time your spirit is breathed into existence, even though it may be a long time until you are actually conceived in the material plane.

Of course the same predetermination is true of your parents too. So you can see that you were each conceived with the intention of being born into the pattern which you achieve on earth. You were designed as the child of a particular pair of parents and they were designed as the parents of particular children.

There is nothing to wonder about when you want to know why you were destined to be with particular parents. To say that you were predetermined to come with those particular parents does not mean that there was some kind of scheme to turn you into a particular kind of person with a particular set of trials. This is where my account differs from popular theories. The human mind has difficulty grasping the idea that something can be definite and determined without it having some kind of goal, or some kind of manipulation in mind. It is not true to say that you were conceived in spirit in a particular way because ... (dot dot dot). Yes you were conceived in a particular way, but there is no "because". Call it creative curiosity if you like. The creative force of nature just burns with the desire to create all manner of variety, just for the spirit of it, so to speak. If you have ever been creative in making toys or models or artwork, you might understand this. Sometimes you want to generate more images just for the pleasure of seeing them come into fruition. You might rationalise your creations later, but when you are actually conceiving of your art, there is a lot of just trying things out to see how it turns out. So it is with nature.


So you can rest assured that your spiritual and physical creation were both intentional and special, and yet there is no onus on you to fulfil a particular agenda, to learn a particular lesson, or to prove a particular point. You are perfectly a part of the joy of variety that

exists in creation. Sorry if you are not happy with your particular birth circumstances. You are a joy to behold no matter what. Your story is divine. Your circumstances are treasured in the mind of God. You might not be thrilled about your situation but that's the way it is. At least you can let go of any idea that you are accountable for how you turned out or responsible for jumping any particular hurdles. You don't have to do anything to please God except to be born.

Another concept I want you to consider is that your path after death is not as predictable as you might think. There is, as with all aspects of nature, a lot of variety in how things turn out. In the physical life, you know that some people live a very short time, have unhealthy lives and face weird fates. Everyone has a different story. The same kind of variety continues into the afterlife. One person might reincarnate quickly. Another might resist reincarnation indefinitely. Some might pop back and forth repeatedly and quickly. You just can't tell by looking at someone where they have been and where they are going to go. And yet that, too, is somehow written into the soul at its spiritual conception. You can't see it, but it is there in code, and it will have its way in reality as time goes by.

Again, the fact that people have different paths does not mean that they are trying to achieve particular aims, or that they are being punished, rewarded or schooled by their pattern of life and afterlife. The variety just is. There is no need for it to have a

particular purpose except for the overall purpose of creation to experience variety in order to continue its creative impetus. You have to accept that you are part of a system which is incredibly varied, with no set formula for the human story, and no golden outcome where you can take off your boots and get out your harp. You have to get used to the continuity, fluidity, lack of judgment, lack of striving, and sheer brilliance of this system which – because of its complexity – causes spiritual and physical evolution at every turn.

 25 

If you work hard at your devotion to God it doesn't take long to become proficient in a particular way of speaking and explaining God to others. But this is not entirely what I have in mind for you when you are following a path of becoming close to me. What I desire is for your understanding of me to always remain incomplete. There is always something more which can happen in the way you grasp me and my creation. You might think you have a good idea of the pattern of things and how everything fits together, but your understanding is only as advanced as your energetic state. Every time you develop energetically, your understanding will also become a little more refined, and the search for appropriate words begins again.

So I encourage you not to rehearse a particular way of describing me. If anyone asks you to talk about God or your understanding of God, always open your mind afresh and reach for the right words for the moment. Don't repeat the last best thing which you said to someone else about God. Don't commit passages to memory or try to write definitive articles about the nature of God. These articles are only good for one moment and then you will outgrow them. It is fine to write for a particular purpose or event, but do not cling to what you have written before. Someone will read it and think it is just right, but others who are just above or just below that level of understanding will

not click with what you have said. And the search for more material, more answers, continues.

Ultimately, the search for more answers can only be fed by one's own channel directly into divine consciousness. You should consult this channel every time you want to understand something about the nature of God. Better still, use this channel to seek inspiration for particular moments and events, and don't worry about getting an overall understanding. The fluidity of your relationship with God is what is important above everything else.

I understand that you are accustomed to having a body of text and a body of teachings to help guide the way you think. I don't mind if you continue this to some degree, as a way of promoting an uplifted atmosphere for yourself and for reminding you of your relationship with God. But never lean upon this kind of stimulus. Never conclude that the texts or the teachings are more important than your personal intuition. Never expect other people to revere the text or teachings. That would be like getting someone to revere toilet paper. There is no point getting attached to something which is supposed to be used and then discarded.

I am not above using earthly or toilet humour to make a point. I don't wish any offence to those of you who love scripture, but you have to take a good look at yourself and be willing to laugh at some of the funny ways humans become attached to things when they lack

a good current channel. There is much chest-beating because people feel dependent on connections which were made with God in the past. It is so much better to keep your connection with God alive and draw entirely upon that. How lonely it is to depend on words which were channelled by someone else a long time ago when you could have the presence of God whispering in your ear today instead.

Don't be embarrassed about standing up for channelling. It is a natural part of life. Everyone does a little channelling to at least some degree, seeking ideas, dreaming, allowing the mind to wander in pretty ways. Most people draw a little of my presence into their daily thoughts without realising it. They could go a lot further, to the point where they recognise me as a separate and powerful being speaking into their own heads, and beyond. But it is important to recognise, first and foremost, that a taste of God is to be felt almost effortlessly within most heads, some of the time. To be close to God is merely an extension of this natural trickle.

Gradually the tide of understanding will shift from worshipping archival Gods to worshipping the present moment of inspiration. I am delighted that you are part of this transition.

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I'd like to add to the theory I have begun to present to you. There are only so many ways that the cosmos can be described without running into major problems with the limitations of language or dangers of being misinterpreted. One major area of misinterpretation in the past has been around the topic of cosmic justice. You can see in nature that there is always some kind of cause and effect, but even the causes have their causes, and so nothing can really be traced back to someone's initial culpability – except to mine of course! You have to let go of any idea that people are individually to blame for the way things turn out. It is human nature which is ultimately at fault when people apparently “misbehave”. This may sound like bad news when it comes to trying to pin down culprits for your problems, but it is ultimately good news for you because you may now see yourself as being free from blame. This is truly how I want you to see yourself.

Many people are horrified at this idea because they are afraid it will lead to more wanton behaviour if people do not feel guilty and afraid of their personal responsibility. I say that this is untrue. People have various factors guiding their behaviour other than the desire for selfish gratification. If there is that much desire for selfish gratification, it will be having

consequences anyway, with or without guilt and thoughts of personal accountability.

More importantly, there is no point in clinging to the idea of personal guilt if it is wrong. No matter whether you think personal guilt is beneficial to society, it is not ethical to propagate an idea which is factually incorrect. Better to let the false ideas go and find other ways of promoting positive behaviour in society. In a similar vein, it is better to give children positive guidance for their behaviour than to scare them into behaving well. Parents these days quickly grasp that it is wrong to make children neurotic just because you are hoping that it will make them behave better. You find alternative ways to encourage them to behave well, such as inspiration and good modelling. Can't you see that this is true of adults as well? It is not fair to blame and shame individuals when you are angry or disappointed with them. Find a better way to respond, and one which is better in line with reality.

The value of using cosmic facts to guide society has generally been overlooked – simply because you are not sure what those cosmic facts are. It is easy to jump to false assumptions about the way behaviour works, based on superstition or based on ideas from literature, and to perpetuate these ideas without ever having to prove that they are correct. Gradually some concepts are being torn down when people realise that they are unjust (such as beliefs about people being unequal), but there is still a long way to go. The high concentration

of communication and mixing among people these days makes it easier to spot and discuss situations which seem unfair. Faulty ideas about cosmic justice are steadily being unpicked.

Access to correct ideas about the cosmos depends on you having a good channel to the divine. This simultaneously means that you will tend to behave in ways which are harmonious with cosmic fact, and also that you have a better chance of learning the theory of how the cosmos works. You can have inspired thoughts about how things really work.

It is hard to let go of old ways of doing things and I don't mind if you hesitate. Take some time to toy with new theories in the back of your mind before you truly adopt them. As I have just implied, if you keep your channel open, you will naturally adopt the new ideas anyway, because your energy will start to resonate more with the truth and all true ideas will become palatable and second-nature to you.

Rest on these developments.

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Finally I want to say what a great pleasure it has been to have this opportunity to speak to you frankly about your spiritual development. You have nothing to be afraid of in your quest. I hope I have made this clear now. You can trust your spirit to unfold at its proper rate and with all fullness. If you ever find yourself worrying about whether you are pleasing God or doing the right thing for society, please take a deep breath and remember that those thoughts are just the concerns of the physical mind. There is no need for you to worry on a spiritual level.

I understand that you will continue to introspect and internalise everything which disturbs you about this world. I understand that it is not easy to get your mind to free you from your worries. I understand that you always feel that there is something lacking in your spirit and that you will always tend to wonder if you are personally to blame for that. Just observe all of these habits of yours and let them float past you, undeterred by their conviction. Yes they sound convincing but that doesn't mean they are right.

Gradually you will learn to tell the difference between an enthusiastic idea and a correct one. The correct ones are more peaceful, less demanding, and more equitable. The enthusiastic ideas are more manipulative. They want some kind of reaction from you or from other people in order to add weight to

themselves. It is not necessary for you to take part in this game. If any idea wants you to jump on board and speak up for it, then it may well be false. True ideas do not need supporters. They are simply true.

This then is another way for you to discern the truth. The truth is often the simplest notion, the notion which does not even get said because it is so obvious. The truth is that which is there before you begin to embellish it with the philosophies of the mind. If you strip back all theories, the truth will still be there, staring you in the face. Facts such as, "Life consists of variety, and variety within variety," "People often feel hurt even when there is no one to blame," and "Good ideas might arise at any time in any person," do not need supporters and are easily overlooked because they are so true and so simple. These facts are the basis of your new understanding of the universe. They are all that is necessary to build your understanding of the spiritual world.

I am going to leave you on a sweet and sour note. You know that you cannot depend on another person's channel for all of your insights. This book may have helped to inspire you but it is the finite work of another person. Now the onus is on you to turn to your own channel with me and continue your relationship with me more directly. It may take time to reach the point of receiving audible verbal guidance from me but it is possible for you, and for anyone else. Simply allow yourself to be seen by me and give

yourself time to listen with a silent mind and humble heart. You and I are destined to be great friends and we can begin our next step together now. This is the nature of things and this is how it will be.

Lovingly

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